

# GETTING TO KNOW YOU

## READING-DÜSSELDORF CHURCHES INTERCHANGE

A group of Christians from Dusseldorf will be visiting Reading for a week this summer, from 9th to 16th July. Reading-Dusseldorf Churches Interchange are looking for some extra hosts, who would be prepared to welcome one or more of these visitors to their home for the week, and take part in some or all of the programme activities.

Members of the Reading group come from churches all over the town, with those in Caversham being well represented. The Düsseldorf group is similarly varied, and contains both Protestants and Catholics, reflecting the population of that part of Germany. Group members include individuals, couples and families, spanning a wide range of ages.

A prime objective of the visit is simply to get to know people from the other country. A week-long stay in someone's home, and outings with groups of guests and hosts, helps people get to know those from the other country in a way no ordinary tourist trips could. New friendships are made each visit. Some have been going strong for nearly as long as the Churches Interchange itself.

One of the first questions that comes to people's mind is "Would I need to speak German to join in?" Fortunately the answer is no. Obviously it helps to know a few words – 'Guten Tag' and 'Danke schön' will do for a start. And for those wanting to improve their knowledge of the language it's a wonderful opportunity. On balance the Düsseldorfers do rather better at English than their

counterparts in Reading do at German, but in both cases there is a wide range of linguistic abilities. On group activities and outings English tends to predominate, but there is always someone to translate if necessary, so no-one gets left out.



Düsseldorf Town Hall.

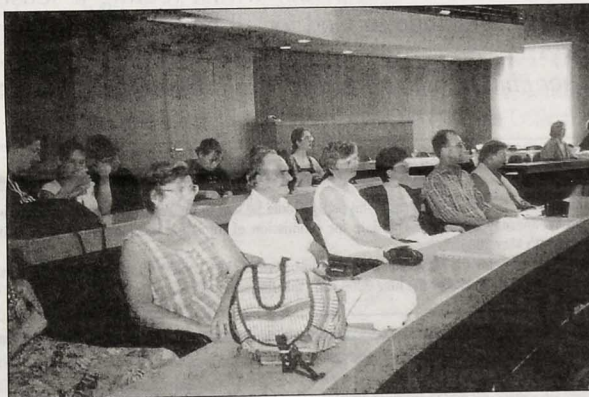
*Photo courtesy A. Keating*

Links between Reading and Düsseldorf go back to 1947, when Phoebe Cusden, Mayor of Reading, organised help for the war-devastated Rheinland, going on to arrange for a group of Düsseldorf children to stay with families in Reading. Links between the Churches began in the early 70s, the **Reading-Düsseldorf Churches Interchange** was formed, and a three year cycle of visits initiated. After the visit from Düsseldorf in 2005,

the Reading group will be going there in 2006, with a fallow year in 2007.

Members of the Reading group also hold regular social activities between visits. There is a Coffee Morning on April 9th, and a Plant Sale and Lunch on May 21st, both in Caversham. Reading Group Chairman Laurie Haseler said "These are excellent opportunities to meet others in the group, and learn more about what being a host involves. A number of new hosts are needed this year, and hopefully people will come forward soon, so we can get the best match of guests and hosts. At first it may seem like welcoming strangers into your house, but soon it's like visiting friends."

*For more information contact Sally Cairns (941 4161) or Laurie Haseler (941 4750).*



Visiting the Council Chamber in 2000

*Photo courtesy A. Keating*

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**Caversham Heights Methodist** -  
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**Our Lady and St Anne's** -  
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The Caversham Bridge is your paper,  
providing a link between the churches and  
the community.

Contributions are welcomed if they are  
relevant to community matters or church  
life. Copy should be kept short, typed in  
double spacing if possible and with a word  
count. Copy dates are given in the paper  
each month and copy should be handed in  
at the Parish Office at Church House,  
Church Street, Caversham. The office is  
open 9.30 - 12.30 on Tuesdays,  
Wednesdays and Thursdays. Please note  
the Editors reserve the right to edit copy if  
necessary.

The Caversham Bridge is delivered each  
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do not regularly subscribe to the paper and  
would like to do so, please contact the  
Parish Office on 947 1703.

**TALKING POINT**

By

Father Philip Dallaway

**Celebrating the Feast  
of St George**

On the 23rd April we celebrate again the feast of St George, the Patron Saint of England.

In the children's corner of St. John's Parish Church there is a colourful stained glass window depicting three Saints. The first window shows St George wearing armour, holding a sword in one hand and in the other the head of a dragon. It's a pity that the many legends which surround St George, such as slaying the dragon or rescuing the Princess, tend to obscure the historical facts we possess.

From the dedication of ancient Churches to St George, from various Syrian ruins, from religious Church records and liturgies it is established beyond a doubt that George became a courageous Christian martyr, who met his end in Palestine. It is also apparent that he was adopted as the Patron Saint of England during the times of the Crusades.

In my teens, I recall both as a Scout and a member of the St John's Ambulance Brigade being involved in some marvellous parades celebrating St George's Day. We marched through the centre of my home-town with a band in front and the Mayor and Corporation at the rear, a truly colourful spectacle with uniforms, banners and flags. Our destination was the Town's Parish Church which gave us a wonderful opportunity in word and music to thank Almighty God for this country 'in the past, in the present and in the future'. Afterwards we all enjoyed a splendid tea party.

I'm sorry to say that now many of the St George's parades, processions and special services have disappeared. It is a pity and I believe we need to recapture this sense of celebration of our rich heritage.

Perhaps this year on St George's Day we could make a space or an opportunity to thank God for everything he has given us in this country, including its Christian heritage and its great historic traditions.

On the 23rd April might we also wear the rose, our national emblem with pride, whilst feeling a sense of tremendous gratitude to God for all he has given us in this country.

*Father Philip Dallaway is the Vicar of St John's, Caversham.*

**CAVERSHAM BRIDGE**

Contributions for the May 2005 issue of this paper should be sent to the Parish Office, Church House by noon on Wednesday 6th April. The date for submission of items for the June 2005 issue will be Wednesday 4th May 2005.

All advertising copy for the May 2005 issue should be sent to Mrs Lobley, 15 Albert Road, Caversham, by Tuesday 5th April 2005. For the June 2005 issue the date will be Tuesday 3rd May 2005.

The newspaper produced by the members of the Anglican, Roman Catholic and Free Churches of Caversham and Mapledurham for the local community.

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The Editors wish to make it clear that the views expressed in this newspaper do not necessarily reflect the opinion of the board.

The Editors also would like to bring to readers' notice that the inclusion of advertisements in this paper does not mean an endorsement of the products or of the services offered.

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Rev'd Derek Chandler, 20 St Barnabas Road. Tel: 947 8239.

Fr Philip Dallaway, The Vicarage, St John's Road. Tel: 947 1814

Rev'd Margaret Dimmick, 12 Lowfield Road, Caversham Park.

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Rev'd Alveen Thoresen, Flat 1 Roschill House, Peppard Road,

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**SUNDAY  
SERVICES****ANGLICAN****St Peter's, St Peter's Hill**

8.00am Holy Communion

9.45am Parish Communion

6.30pm Evensong

**St John's, Gosbrook Road**

8.00am The Holy Eucharist

10.00am Parish Eucharist and Sunday School

**St Andrew's, Harrogate Road**

8.00am The Eucharist

10.00am Parish Eucharist (Sung)

First Sunday, Family Eucharist

11.30am The Eucharist

6.30pm Evening Prayer (as announced)

An up to date list of weekday Services will be found on the Church notice boards.

**St Barnabas, Grove Road, Emmer Green**

8.00am Holy Communion

10.00am Family Communion (apart

from 2nd Sunday)

10.00am Family Service (2nd Sunday only)

**St Margaret's, Mapledurham**

11.00am Parish Communion

**CAVERSHAM PARK ECUMENICAL PARTNERSHIP**

11.00am Holy Communion (1st, 3rd and 5th Sundays)

Morning Worship (2nd and 4th Sundays)

All Age Worship (at Festival Times)

**CAVERSHAM BAPTIST CHURCH**

10.30am Prospect Street

6.30pm Usually at 191 Kidmore Road

**CAVERSHAM HILL CHAPEL, Old Peppard Road**

10.30am Worship and Ministry, Children's Church

6.30pm Prayer Meeting

**THE METHODIST CHURCH IN CAVERSHAM**

Caversham Methodist Church (Gosbrook Road)

10.30am and 6.30pm

Caversham Heights, Highmoor Road

9.00am (first Sunday), 10.30am and 6.30pm

Woodcote Parish Church

9.45am (second Sunday)

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Church Street, Reading

10.30am

(House study groups Sept-June Tel: 9475783)

**NEW TESTAMENT CHURCH OF GOD, Church Street, Caversham**

9.30am Sunday School

11.00am Divine Worship

6.00pm Evening Service



## COMMUNITY NEWS

## RE-DEDICATION OF CAVERSHAM WAR MEMORIAL

The names of Caversham Fallen from World War II have been collected over the last 8/9 months from various sources. With the generous support of some businesses, relatives of the dead and well-wishers, enough money has been raised to have these names added to the War Memorial in Christchurch Meadows.

A very big thank you goes out to Mr Tony Walker and his firm A B Walker & Son Ltd, who have kindly agreed to do all the work needed at cost.

A Service of re-dedication will be held at the Memorial on Saturday 23rd April at 11.30am when it is hoped that as many people as possible will attend.

The Caversham Working Men's Club has kindly agreed to host a reception for guests and ex-service people from mid-day onwards.

The idea for getting the names added during 2005, the 60th anniversary of the end of World War II, came from the people of Caversham. It was whilst Caversham Royal British Legion were running their 'Legion in the Community' stall last year that the suggestion was made that it would be a fitting tribute and a community event that could involve the whole of Caversham.

The Royal British Legion supported the idea but could not fund it, so all the monies raised for the Memorial have come from the public and Home Front Recall, as part of their Big Lottery Grant funding for events for ex-service people during 2005.

It is hoped that a large crowd and good weather will make this long overdue tribute something that shows, even sixty years on, that the people of Caversham understand and appreciate the ultimate sacrifice made by all who fought to give us our freedom.

## READING ABBEY AND WHAT MIGHT HAVE BEEN

You are invited to a lecture on Westminster Abbey in the period immediately after the dissolution of the monasteries, in the time of Queen Mary. This will throw light on what our Reading Abbey might have been, had it not been closed in 1539 by the order of King Henry VIII. (The Ruins are now open again, but the Forbury Gardens not until May). The speaker will be Brother Placid of Douai Abbey, who is at present visiting from California, and who has made this topic one of his subjects of research. Arranged by the "The Friends of Reading Abbey", it will be held on Friday 8th April at 7.15pm in the Silverthorne Room of Reading Town Hall, Blagrave Street. The doors open at 6.45pm for light refreshments.

New members are very welcome to join The Friends, for an annual subscription of £4.

If you would like further details, please phone Sylvia Chumbley on Reading 947 0762.

## BOOK BY LOCAL AUTHOR SELLING WELL



Life in Old Caversham

The new edition of 'Life in Old Caversham' is still available at **Bangles** in Prospect Street.

The author, Mary Kift, has lived in Caversham for most of her life and for over thirty years she has been contributing articles about its history to the *Bridge*. In 1979 the first edition of Mary's book was brought out and sold very successfully. Last year the revised and updated edition was produced, (see issue 478 of the *Caversham Bridge*, November 2004).

Mary made lots of friends while she was researching her book. She walked miles to visit elderly residents who regaled her with their memories. To her it was not a chore but a great pleasure. She recalls Mr Good who lived in the cottage where Gardiner's nursing agency now is. In his roof-space he found sheets of school exercises dating from the late 1700's, which must have come from a dame school where copperplate writing and sums using old-fashioned weights and measures were taught. This find spurred Mary on to find out more of what had gone on in Caversham in days gone by.

A Mrs Tate of Buxton Avenue had started to gather material for a book, but she moved away and gave Mary all her notes to use. Incidentally, this lady remembered Caversham with such affection that she named her new home in Devon, Caversham Cottage.

Mary has a huge enthusiasm for her subject and a great fund of anecdotes. Further interest is added to the book by the old photographs that are included. Mary's collection of photographs is archived at the Berkshire Records Office in Castle Street as are all the past copies of *Caversham Bridge* (index available at Caversham Parish Office).

## CHARITABLE FOLK

During the last year Readifolk (Reading's Folk Song & Music Club) has organised several Charity events in support of Water Aid, Shelter, Caversham Charity Folk Festival (raising funds for several local Charities), and the Tsunami Appeal. Readifolk is now organising another Charity event at The Holiday Inn, Caversham Bridge. The concert, which takes place on Friday 8th April (at 8pm), is in support of the Rotary Club's Centenary Appeal, which aims to provide a wide range of musical instruments and equipment for the new Sensory Music and Drama Centre at Addington Special School in Woodley.

Addington School is a forward looking all-age special school catering for pupils with a wide range of learning disabilities, many of whom also have

associated sensory, medical and behavioural needs. More details may be found on the web site [www.musicforminds.org](http://www.musicforminds.org).

The Readifolk concert features one of Britain's finest Celtic bands, Uiscedwr (pronounced ish-ka-dooer) plus Pete Orton, an hilariously funny singer/songwriter from Wallingford, and Eddie Winship from Radio Reading 107FM.

Tickets are just £6 in advance or £7 on the door (if still available). For advance tickets and enquiries ring Una Waters on 0118 948 3145.

Readifolk's normal club nights are held every Sunday at The Clifton Arms, Gosbrook Road, Caversham. Details may be found on [www.readifolk.org](http://www.readifolk.org) or by ringing the above telephone number.

### Reading Bach Choir

Conductor JanJoost van Elburg  
presents a concert of **Renaissance music for  
choirs and instruments** including items by  
Monteverdi, Palestrina and Gabrieli at St Giles  
Church Southampton Street at 7.30pm on  
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Tickets £10/Concessions £8/PTL £9, U16's £3

### LIFE IN OLD CAVERSHAM

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# From the Lookout Post

## A Fruitful February Walk

Some spadework has been going on behind the scenes to find suitable enhancements to the Hemdean Valley (Bugs Bottom and Balmore Walk) which would be an appropriate use for the remaining funds from the Bugs Bottom Action Group and a fitting tribute to the energetic campaign in which so many Caversham people took part.

Representatives from Bugs Bottom Action Group, Globe and CADRA have been working together to draw up a list of improvements needed. Inevitably this list far exceeds what could be afforded from the fund and so it was agreed to seek a joint approach with the Borough Council parks department.

And so it was that on a very wet day in February the group set off with Adrian Lawson and Lyn Reynolds from RBC and three local residents. They walked along Bugs Bottom through to Gravel Hill noting points along the path that need resurfacing and positions for improvements such as signs, seats and new bushes to screen the houses. The team at the Lookout post would like to record its thanks to Adrian Lawson, head of the parks department, for all his help and particularly for his commitment to secure funds for this work.

Proceeding on to Balmore Walk from Grove Hill, the higher entrance is in need of restructuring and seats need repairing or replacing. A plan for an orientation table had already been drawn up, with a bronze direction indicator on a stone base. In 1991 an excellent 'town trail' leaflet was produced, written by Molly Casey, featuring Caversham, Hemdean Bottom and Surley Row. There is enthusiasm to update and reprint this. These items are all being costed to see what can be afforded from the Bugs Bottom fund. We'll keep you posted!

## Readibus

A new Readibus service is now available for those wishing to attend the Farmers' Market, Great Knollys Street, on the first and third Saturdays of the month. Initially, it is planned that passengers will be collected between 8.30 and 9.15 and depart from the market between 11.00 and 11.30. Bookings for the service can be made up to a week in advance by ringing 931 0000. The charge for this bespoke service is £2 each way.

## Caversham's Youth and Family Initiative (YFI)

March Caversham Bridge included a full report of the multi-faceted YFI contribution to our community. It also noted the challenge YFI faced in obtaining sufficient funding. The great news update is that an anonymous donor has come forward with a £50,000 donation to this project, ensuring its viability for at least 2 years. A collective Caversham thank you to this magnanimous individual.

## St Peter's Churchyard

One of the jewels in the Caversham crown is the tranquil area of Caversham Court and St Peter's Churchyard. The churchyard is one of the first places to confirm that spring is on its way with a show of daffodils in the protected south wall position. Eric Smith has spent many years enhancing the garden using his horticultural skills. Eric has announced his retirement from this very important project. The Lookout Post, on behalf of the community, wish to express our sincere appreciation.

## Anti-Social Behaviour

Sadly many parts of Caversham are touched by problems of anti-social behaviour and its unfortunate consequences. Possible remedies often cause debate. CADRA has chosen this issue as a topic for its AGM this year and has invited Rebecca Horne, Anti-Social Behaviour Case Officer, Reading Borough Council to speak on 'Introduction to Anti-Social Behaviour Work.' Non members are welcome - join when you come! The meeting will be on Tuesday 12 April 2005 at 7.45pm in the Caversham Baptist Church meeting room.

## Add your voice and swell the numbers

The next few years may bring huge changes for Caversham. In addition to the creeping, incremental change of in-fill development we have the prospect of much larger sweeping changes. The draft plan for development in the south

east will shortly close for comment.(see [www.southeast-ra.gov.uk](http://www.southeast-ra.gov.uk)). The area from Sonning Eye to Tokers Green is being examined for major housing developments. This links to the vexed question of a third bridge across the Thames and associated new road links which is further complicated by the opposing views of the three councils concerned. At the same time there are plans for major changes to existing routes from Caversham to Reading including proposals for Park and Ride schemes. Now more than ever, there is a need for a powerful but constructive voice to speak on behalf of the community north of the river. You can help to support this for just £2.00 a year per household. Ring the membership secretary on 954 6899 for a CADRA membership application form.

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## AROUND THE CHURCHES

## GREAT HYMN WRITER CELEBRATED AT ST DAVID'S DAY SERVICE



O. Jewiss

Canon Alan Luff (left) was photographed at the church door with Mr Richard Eley (President) and the Revd Derek Chandler (Vicar of St Barnabas).

St Barnabas Church again acted as host for Cymdeithas Cymry Reading a'r Cylch (Reading and District Welsh Society) bilingual St David's Day Service when the visiting preacher was Canon Alan Luff, a Vice President of the Guild of Church Musicians and a former Precentor of Westminster Abbey.

2005 is the 200th anniversary of the death of Ann Griffiths who is regarded as the most famous female writer of Welsh literature before the 20th century. She died at the early age of 30 after childbirth and is renowned for some 74 hymns she produced during the 10 years after her conversion to Methodism at the height of its spread. Canon Luff is an authority on her work and revealed that these hymns were composed during the 20 mile walk from her home village to Bala, a centre for Methodist preaching. Furthermore she did not write them down herself, but they were remembered by her maid, Ruth Evans, who, unable to read or write, dictated them to her husband after Ann Griffiths' death. Two of her hymns were sung in Welsh during the service after their meaning had been explained.

In his sermon Canon Luff drew attention to the fact that early hymn writers and the congregations who sang the hymns knew their Bible much better than many in the congregations of today and thus derived a greater understanding from the words. He stressed the importance of the choice of hymn to match the theme and the point at which it would occur in the service; he was therefore critical of some of today's practices.

As befits a Welsh society the melodious and enthusiastic singing was followed in the Church Hall by good fellowship amidst the daffodils and talk in the lilting Welsh accent over tea.

## ST PETER'S FINALIST REWARDED



R. Kingsbury

Victoria with her certificate.

Victoria Alexander-Wilkins, a head chorister at St Peter's Caversham, represented the Diocese of Oxford in the Prayer Book Society Cranmer Awards prestigious National Finals. Psalm 18 verses 1-24 was her chosen passage, recited by heart before the judges in the magnificent chapel of Hatfield House, Hertfordshire. Though not the national winner in the seniors' final, Victoria received a Certificate to commend her heartfelt presentation. With family supporters, she was chauffeured to and from the event in style, courtesy of St Peter's Church.

Competing against ten national finalists, from London to the Isle of Man, Victoria resolved to enter the Competition again next year. We congratulate her and wish her well.

## SAYING IT WITH FLOWERS



Photo by Mary Tucker

St Peter's and St Margaret's Mothers' Union held their AGM on a very cold, snowy February evening at St Peter's Church.

At this AGM Janet Soden, our hard working leader of 9 years, was standing down for a well earned rest. To show the appreciation that we all felt for Janet and her hard work, 21 members braved the cold and filled the Lady Chapel for a Eucharist which preceded the AGM. At the Eucharist Janet was presented with an orchid and a book token.

The Mothers' Union in this parish is a thriving group and much of this has to do with Janet's enthusiasm and encouragement to all its members over the years. At the Eucharist, two new members were enrolled by Canon Richard Kingsbury. At this present time a new leader has yet to come forward. Until that someone does come forward (could it be you?) three committee members are taking on the running of the group.

We have a busy programme for the coming year and would be glad to see you at our meetings. Please ring any of the three ladies below for more details. Alison Madeley 947 6063, Jacque Kavanagh 947 7312, Marion Pyke 947 5834.

## SERVERS SERVED

Some of St Peter's Altar Servers, with Head Server George Brown (seated centre), after enjoying their annual Candle-mas Dinner at Mapledurham Golf Club. (Can you spot the two interlopers?)



Photo Angela Kingsbury

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## TRIBUTES

## DR GUY DAYNES – 1916 - 2005



It was with sadness that the Overseas Group at St Barnabas Church heard from South Africa that Dr Guy Daynes had died on 18 February. It is through his work and that of his wife Jan that the main missionary effort at the Church has been channelled since 1972. Guy Daynes was a remarkable Christian whose medical work in South Africa has featured many times on these pages. He was the brother-in-law of a former St Peter's parishioner, Rex Justham, to whom we are indebted for some of the facts that follow; it was through the earlier involvement of St Peter's that St Barnabas became involved. Such was his work and the length of the association that an appreciation of Guy and his work is merited.

Guy Daynes trained in London at Kings College Hospital and held appointments at St Thomas's where he met Jan, an almoner; both subsequently moved to Westminster Hospital. During WWII he was on medico-legal work for the War Office. Then while in general practice in Hove he became associated with, and greatly influenced by, the Church of the Good Shepherd. Feeling unfulfilled he sought a new opportunity and through a contact with the Society of St John the Evangelist (SSJE), also known as the Cowley Fathers, who ran St Cuthbert's Mission, he was appointed to St Lucy's Hospital in the Transkei as Medical Superintendent. It was at this point that he first came to our attention.

There he had a staff of seven doctors who would give treatment to about a quarter of a million patients a year; on any one day up to 400 patients would be occupying beds. Jan Daynes also worked in the hospital and the money sent by the church helped to provide additional facilities particularly for occupational therapy and social work with the women and children. In 1973 the administrative charge of St Lucy's came under the Transkeian Government and in 1976, after 16 years at St Lucy's, Guy Daynes moved at the request of the President to Umzimkulu to develop a psychiatric hospital.

The independence of the tribal homelands presaged his move to Umzimkulu. Previously psychiatric patients in the Transkei had been treated in the Republic of South Africa but after independence this was not possible. Dr Guy Daynes, who by then had been awarded a CBE for services to medicine in South Africa, was, at the age of 62, invited to convert a 4,000 acre prison farm into a psychiatric hospital and to develop all the psychiatric services in the Transkei. Fortunately, during war service he had received some specialist tuition in psychiatry. Under his guidance the new hospital had from the start the life and atmosphere of a mission hospital with a

doctor priest as chaplain. The first patients were alcoholics, a serious problem in the Transkei; 80% of the psychotic patients suffered from schizophrenia. Rehabilitation of alcoholics was of great importance and Jan Daynes worked voluntarily in this area. Meanwhile Guy Daynes kept up his surgical and paediatric skills at another former mission hospital, where he was also Senior Medical Superintendent. He also held a clinic once a week in Umtata 300 miles and a seven hour journey away.

In 1981 the President and Prime Minister of the Transkei asked him to take charge of the 2,000 bed National Hospital in Umtata, the capital of Transkei. In the meantime he had found time to write what is probably now the standard text book on African psychiatric illnesses. All progressed well until around the mid-eighties when some of the political leadership applied unreasonable pressure on him in respect of nursing training for some of their relatives. On a matter of principle he was not prepared to meet their demands so he prudently moved north to Madadeni Hospital in KwaZulu Natal to work; there he continued to be involved until about three years ago. It was during the latter years when Guy Daynes was in the Transkei that the money donated by the churches began to be used to help with the continuing professional education of black South Africans. This developed still further when he moved north. A specific trust, the Amajuba Education Fund, was set up for this work through which St Barnabas Church has supported the further education of young black South African nurses, lawyers and engineers. Now as a tribute to the work of Guy and Jan Daynes the Trust is being renamed the Daynes Education Fund.

Guy had been in deteriorating health for some time and his death came in the end as a merciful relief from further suffering. He was a great Christian. Perhaps the best epitaph is in the words of one of his children telling us of his death: "We are sure you will all agree that Dad has lived his whole life for Christ and if there is one thing in this world we know for sure, it is that Dad is with Him now". Guy had a sparkling personality, a ready twinkle in his eye, and in his desire to help the underprivileged he was never afraid to communicate the Christian faith that motivated him. It was our privilege to have known him and supported him in his work. Guy is survived by his wife Jan, a daughter and son in France and two other sons in South Africa; a fourth son was killed in a car accident several years ago. To his wife and family and all those closely associated with him our sympathies and prayers go out from Caversham.

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## JOHN MARSHALL

### 1939 - 2005



John, born in Chiswick, came to Reading when his family was bombed out. His father was offered a job managing the John Miller Grocery Store in Prospect Street. John attended Gosbrook Road Methodist Church Sunday School where his father was superintendent. After a spell in Mortimer, the family settled in Emmer Green where John and his sister Jean spent an idyllic childhood rambling through local woods and fields. He went to Sonning Common Primary School and Henley Grammar School. After National Service John returned to his job in the National Provincial Bank working in Overseas London,

Maidenhead, Reading and Newbury. He eventually left the bank and went to work as a solicitor's cashier. After marrying Brenda in 1974 they settled in Tilehurst, moving to Kidmore Road in 1980. In 1988 they moved back to the family home in Emmer Green. John played an active part in the life of Caversham Heights Methodist church, serving six years as church treasurer and on various committees at local and district level. He also helped with DIY and gardening round the church. He had a quiet faith and was greatly concerned with world debt, supporting the justice campaigns, travelling to various G8 summits around Europe. He had a great interest in natural history, especially birds, astronomy and photography, belonging to many local societies where he took his turn on the committees. John was a founder member of the Kennet Camera Club and the Reading Astronomical Society which is still a large flourishing club thirty three years later. His other hobbies included walking, gardening and woodwork. There are many bird tables and nesting boxes in Caversham gardens made by him and sold at the church's Christmas Fairs. He also made a delicious jelly from the fruits of the hedgerow which became very popular.

He was diagnosed with cancer in early 2000 but battled on for the next five years with great dignity and fortitude. When his illness prevented him from doing much physically, he enjoyed nothing more than going for a drive in his beloved Chilterns where he knew woods, lanes and villages so well. He was a very kind, patient and gentle man with a lovely sense of humour and he was always so willing to help people, especially with lifts to and from church and various meetings. His passing has left a large void especially in the lives of Brenda and Jean and he will be greatly missed by them, the rest of the family and all his friends.



## AROUND THE CHURCHES

## OUR RESPONSE TO GLOBAL WARMING

Several from Caversham were among the capacity audience at the Climate Change meeting in High Wycombe towards the end of February. Organised locally it formed one of a number of meetings sponsored by the Conservation Foundation and the Department of the Environment, Food and Rural Affairs (Defra). This was made clear at the beginning when symbolically the Bishop of Oxford transferred the light from a candle lit at the World Environment Summit in South Africa in 2002 to a candle lit for the day; at the end the light was transferred back to the source candle for onward transmission to the next venue in Sheffield. David Shreeve, President of the Conservation Foundation, chaired the formal part of the proceedings.

### Scientific evidence

Sir John Houghton, FRS, Chairman of the Inter-governmental Panel on Climate Change, dealt with the scientific evidence for Climate Change. He asserted that there is overwhelming and well supported scientific evidence for climate change. He pointed out that as Christians we had a responsibility to look after our environment.

### Theological considerations

Then Claire Foster, FRSA, the Church of England's Policy Advisor for Science, Technology, Medicine and the Environment gave a theological reflection on climate change, enunciating four principles that would lead to a change of heart.

### How can we respond?

Most of the remainder of the day was devoted to workshops whose objectives were to give guidance on various ways in which an appropriate Christian response can be made.

### Challenge for action

The day ended with worship in which we confessed to the damage that man was causing to the environment. The Bishop of Oxford reminded us that God's mercy is over all his works. Reflecting on the ideas presented, what would be the practical implication for our lifestyle? Where do we need to find out more? What one issue would we take back to raise with our local church group? Each person present was asked to write down one thing they had learnt during the day and how they would respond.

More extensive reports and links to other information are on the SAGE website ([www.sageoxford.org.uk](http://www.sageoxford.org.uk))

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## FISH, FELLOWSHIP AND FUN



O. Jewiss

The cast lead the audience in pantomime song.

These three words sum up the main social extravaganza of the St Barnabas family, otherwise known as the Fish and Chip Supper, held each year in February. The simultaneous arrival of some 90 portions from the local 'chippy' is a challenge to which they rise. The same is true of the homespun entertainment that follows, which varies from music and dance to drama. As always it is invidious to pick out individual contributions, but an assured three year old performing "Doh, Ray, Me" with her grandmother stole the show. There was folk singing from Marianne and Stafford Cross, other musical items included the Kent brothers and the Watts family and there were several sketches; the inability of the Churchwardens to deal with a hole in their bucket is not borne out by their care of the church fabric. Our friends from Caversham Park showed how a humorous and abbreviated version of Cinderella could be performed at no expense and with insufficient actors, one doubling alternately as Buttons and Prince Charming. The highlight and climax of the evening was the homespun pantomime Peter Pan performed by the lively and enthusiastic young people. A good time was enjoyed by all; the more passive members of the congregation are indebted to those who spent time and effort sharing their talent.

## CHURCHES TOGETHER IN BERKSHIRE

At the annual General Meeting held recently, Major Samuel Edgar from Reading Central Salvation Army Corps succeeded Monsignor Jeremy Garratt, Vicar General of the Roman Catholic Diocese of Portsmouth, as Chairman of Churches Together in Berkshire. The Bishop of Reading, the Rt Revd Stephen Cottrell becomes the new Vice Chairman.



Mgr Jeremy Garratt (left) congratulates Major Samuel Edgar on becoming Chairman of Churches Together in Berkshire; Mrs Honor Alleyne, County Ecumenical Officer, is in the centre.

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## NEWS FROM OLD FRIENDS OF THE BRIDGE

### JOHN AND LINDSAY MULLANEY REFLECT ON THEIR DAYS AT THE BOOKSHOP

It is six months since Caversham Bookshop closed for business. After 25 years Lindsay and I knew it was time to retire. We were very much aware of the distress our going would cause in Caversham. We tried our best to find someone to take on the bookshop but it looked as if it were not to be. We had opened our doors in September 1979 having decided Caversham could do with a bookshop. Over the years we experienced the highs and lows any successful business must expect to encounter. We overcame two recessions and enjoyed prosperous times as well. The bookshop slowly but surely became a landmark in the community.

We became involved with this community at many levels. We worked for Save the Children Fund. John became an editor of this newspaper; we helped in the organisation of various charitable events, raising thousands of pounds through Lindsay's quizzes and our garden parties. We ran the business on a simple principle of honesty and trustworthiness. We would never knowingly take advantage of anyone and we expected the same in return. I am glad to say that for the most part we were not let down. Far from it! We regularly received visits from security reps urging us to buy their systems to lessen our shoplifting problem. Yes, we did lose some stock to thieves but it was so little that it just was not an issue. On the contrary there was the famous occasion, only a couple of years ago, when we received a phone call at home on Wednesday afternoon from a lady saying that we had left the shop unlocked, perhaps it would be a good idea to come along and close up properly. The shop had been open for a good couple of hours. Several people must have seen this, but not knowing our home number hadn't been able to contact us. Nothing had gone missing. Thank you, to that lady, if she reads this, and thank you for your custom over many years.

And this leads on to another reason for writing to 'Caversham Bridge'. Please use your Caversham shops, even if sometimes they may be slightly more expensive. The heart of the village is its commercial centre. Caversham shops are not solely places of commerce. They are meeting points, essential elements in the social fabric of our village. Frequently our shop was among the first ports of call when a new baby was born, when a beloved relative died, when 'A' level results caused agony or ecstasy. We could rejoice or sympathise accordingly, but, probably as importantly, we could pass the news on to friends and neighbours of the people concerned.

Several potential buyers looked at our shop with a view to purchasing the business. Perhaps it is our fault that 'Caversham Bookshop' no longer exists. Lindsay and I always looked on the shop as fulfilling two roles. The Bookshop was a "community business". That entailed two elements. It had to be a prosperous business: it had to make a profit or it just would not be there. However it also needed to be an integral part of the community. As many of you know, much of what we did was not profit motivated. Consequently when some potential buyers saw the hours we worked, very often for the community with no obvious financial benefit, they decided the bookshop was not for them. Others said how nice it must be to work surrounded by books which they could read all day - sorry wrong again! That is the sure way to economic ruin.

As it turned out we now have a beautifully refurbished book/toyshop which started totally independently of us after we had sold the property. Chris and Julie King, with their daughter Lucy, are Caversham people. As such they know the village and are already part of our community. Let us hope that their business will also succeed. Their background is in toys, but like us when we started, they are quickly learning their way round the complicated world of bookselling and its technology. Like us they offer next day delivery on orders, and they have a discount scheme which should encourage you to use them rather than support the high street and internet big boys. Some books may certainly be cheaper elsewhere but if you want to retain a bookshop in Caversham please forego the odd few pounds saving and think of the benefit of having a bookshop available all the year round on your doorstep.

It goes without saying that the principle of supporting your local businesses applies equally to the other specialist shops in Caversham. The survival of all our local businesses, and thus our community in a wider sense, depends on the support of every member of that community.

## METHODIST DIARY

### CAVERSHAM METHODIST CHURCH (GOSBROOK ROAD)

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	6.30pm	Mr. John Phillippo
April 10	10.30am	Mr. Peter Frank
	6.30pm	Rev. Lynne Davis
April 17	10.30am	Rev. Dermot Thornberry
	6.30pm	Rev. Valerie Fisher
April 24	10.30am	Mr. Robin Gowers
	6.30pm	Rev. Dermot Thornberry

### CAVERSHAM HEIGHTS METHODIST CHURCH

April 3	10.30am	Mr. David Munns
	6.30pm	Rev. Dr. John Ogden
April 10	10.30am	Rev. Dermot Thornberry
	6.30pm	Holy Communion - Rev. Dr. John Ogden
April 17	10.30am	Major Samuel Edgar
	6.30pm	Rev. Dermot Thornberry
April 24	10.30am	Rev. Dermot Thornberry/ Mr. Chris Evans
	6.30pm	Mr. Henry Stroud



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# NEWS FROM OLD FRIENDS OF THE BRIDGE

## Nomad Revisited

Our regular readers will remember that, for a number of years, this paper carried the observations and comments of Derek Bartlett, otherwise known as 'Nomad'. Early in 2004 a move to Shropshire took Derek and Susan away from Caversham. Now, on the anniversary of this event, we have news of what happened to them during the past twelve months.

## Greetings from Nomad

The year since Susan and I packed our bags and headed for the hills of Shropshire has been one of novelty and wonder, punctuated by pauses for fond memories of the life and good friends we left in Caversham.

The first impression Church Stretton made on us was not the magnificence of its physical setting, wonderful though it is, but the welcome local people give to all newcomers. Strangers smile and exchange greetings as they pass. Neighbours call to offer help and issue invitations to coffee. Here, no one feels that he or she is a newcomer for very long. We arrived determined to explore local life gradually and to take our time before plunging into community activities, but we found such a strength of community spirit that it was not possible to resist taking part almost immediately.

Last February, we joined the 'Stretton Sweepers', a band of half a dozen or so volunteers who meet at 7am on one Sunday each month during the tourist season to ensure

that the town centre is fit to receive visitors. We remove litter and re-paint litter bins, railings, seats and anything else that is the worse for wear. The contacts we made in this involvement drew us into other activities and we now play a small part in helping to organise community events throughout the year. The town, together with its immediately neighbouring villages, has a combined population of just over 4000, and we have been amazed that more than that number can be relied upon to support the four major annual events in the streets and open spaces.

While Susan spends every Tuesday at the Day Care Centre for the elderly, I flex my few remaining muscles in helping with the National Trust's conservation work on the Long Mynd. The little grey cells are exercised through co-opted membership of the Town Council's 'Market and Community Regeneration Committee'. The market certainly needs regeneration but the community is thriving.

The 'Stretton Focus' (our equivalent of the 'Caversham Bridge') lists 95 clubs and societies, which spoil us for choice. Our social life is centred on the Garden Club, which organises talks during the winter and trips to open gardens in spring and summer. We also belong to the Theatre Group, which takes us to plays in Wolverhampton and Great Malvern and to concerts in the magnificent Symphony Hall in Birmingham. Of course, walking still plays an important part in our lives and we manage a

walk every week of the year with the 'Stretton Ramblers', whatever the weather may be. On particularly beautiful days, we walk in our local hills, one of which, the mighty Caer Caradoc, looks down on our home.

The churches play a prominent part in community life. There are thriving Anglican, Methodist and Roman Catholic congregations here as well as a United Reformed Church and a small band of Quakers. Last Easter Day, the Churches combined in procession through the town to the Market Square, to join several hundred people who had gathered, in warm Spring sunshine, in a moving service of Witness. On the evening of Christmas Eve, we enjoyed a truly magical experience. We knew that there was to be a carol service in the Market Square at 6.30pm. What we were not told was that it was the custom to light one's way there with lanterns mounted on poles. We stood entranced, for along every street and lane leading down from the hillsides, swaying streams of candlelight approached the town as family groups and neighbours made their way to the Square, where a giant light-bedecked tree vied with the lanterns in brilliance. When hundreds of voices joined in singing carols, we felt we really were in Royal David's City. During the last few words of blessing from the Rector, snowflakes drifted silently down. And on Christmas morning, we awoke to a scene of snow-white serenity. A wonderful climax to an exciting year.

## Westminster Abbey Day of Prayer

by John Madeley

There have been many stimulating addresses at the annual Westminster Abbey Day of Prayer. Few however more than this year when the day was led by Irish priest, poet and philosopher, John O'Donohue.

He gave us three meditations. In the first one – "Faith as a call to beauty and hope" – he urged us to ask the question: "how am I taking care of my heart?" What would my heart say to me about myself?

In Connemara, (Ireland), the highest compliment you can pay someone is to say: "there is nature in your heart."

Be gentle with yourself, he urged, "see yourself with the gentleness, the compassion that God sees you. Part of the test of a person's integrity is the kindness they show to themselves."

He spoke of beauty – "there is nothing like beauty to awaken the heart. When you are in the presence of beauty, you experience the divine flame."

He spoke of love – "regardless of what we do in the world, if we are not able to love and receive love we are among the poorest of the poor. Forgiving love reversed all negativity. There is a great fragility in God. In the broken places, there God shines."

He spoke of hope – "there is an elegance, a dignity in you that no one can take from you – this is where hope comes from. After love, if we have no hope we are nothing."

Identify three things that you are secretly afraid of, he urged, and convert them from fears into something harmless. "Don't let anything hold you prisoner. When you are anxious you are not yourself. One of the most precious liberties you can give to yourself is the transformation of fear. Am I a person of hope or of anxiety? Expect something good and you are already drawing it to yourself. Never allow anyone to take away the hope in your heart. Let go of fear – move to hope. Ask yourself – what is it that I must do now?"

The second and third meditations will be published in subsequent issues of this paper.

## Listening

You are not listening when ...

You do not care about me;  
You say you understand before you know me well enough;  
You have an answer to my problem before I finish telling you what it is;  
You cut me off before I've finished speaking;  
You finish my sentence for me;  
You find me boring and don't tell me;  
You feel critical of my vocabulary, grammar or accent;  
You are dying to tell me something;  
You tell me about your experience, making mine seem unimportant;  
You are communicating to someone else in the room;  
You refuse my thanks by saying you haven't really done anything.

You are listening to me when ...

You come quietly into my private world and let me be;  
You really try to understand me even if I'm not making much sense;  
You grasp my point even if it's against your own sincere convictions;  
You realise that the hour I took from you has left you a bit tired and drained;  
You allow me the dignity to make my own decisions although they might be wrong;  
You do not take my problem from me but allow me to deal with it in my own way;  
You hold back your desire to give me good advice;  
You do not offer me religious advice when you sense I am not ready for it;  
You give me enough room to discover for myself what is going on;  
You accept my gift of gratitude by telling me how good it makes you to feel to know that you have been helpful .....

(origin: South Africa)

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# ALIENS ARRIVE IN CAVERSHAM

No, please don't be alarmed – it's just that a rather strange-looking plant with red stems arrived in Caversham early in 2004 in the rather weedy plot of ground behind the railings in front of the Library. I watched it with interest, as it grew to the size of a small shrub, and put out its tassels of greenish-white flowers. In due course these turned to tassels of berries, which ripened to a shiny black. Had the Borough Council gone in for some exotic planting scheme around the Library, I wondered?

I met a lady, who works in Caversham Library, in Christchurch Meadows one morning, as we were both on our way to work, and asked if she knew what it was. Was I the only person who had noticed it? Oh, no, she said, but no-one knew what it could be, or where it had come from.

Further investigation in the books on plants in Reading Central Library, including the big new *Atlas of the British and Irish Flora*, proved this alien to be a

*Phytolacca* species – a kind of Pokeweed. Exactly which species can be determined by the number of stamens, apparently. The frost killed off the original plant, but I've taken the liberty of removing a berry or two, which should have sprung into growth in my garden by the time you read this, in order to try and ensure there's a plant or two this year. When it flowers again, I'll take a close look at it.

The pokeweeds come from the new and the old worlds. One of the American species is called the Pigeon-berry, which may give us a clue how it got here. Some of them are grown for pheasants to feed on in the countryside near here, so a hungry wild bird may well have transported it from the countryside

to the middle of Caversham.

This is the first of a series of articles about wild plants, and I hope to bring you some more curiosities of the plant kingdom that I've seen in and near Caversham in the coming months.

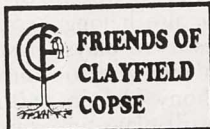
**HAPPY WANDERER**



## WOODLANDS DAY

**12 p.m Saturday 4th June**

**at Clayfield Copse [off Caversham Park Road]**



A date for your diary  
What's On?

An A – W of some of the events planned for the third Woodland Day

- A is for an Archaeological Walk
- B for a Basket making demonstration, BBQ, Bee keeping & honey stall, Bird food stall, and Butterflies info & walk if its fine and warm
- C for Charcoal burners, and Clay play for children
- D for a Dawn Chorus Walk, and Dog competitions
- E for Environmental Games for children
- F for a Falconry Display, and a Fair Trade stall
- G for the Green Man, and Green Gym dead hedging
- H for Horses working in the woods, a Healthy Walk circuit and a Herbal Hunt
- I for a variety of Interesting woodland crafts
- J for a homemade Jam stall
- K for Red Kites information stall
- L for Lots to do and see for children and adults
- M for a Maps stall & Musicians
- N for Noctule Bats, join the evening walk
- O for Oxfordshire Woodland Project a demo on gate making! And other coppice crafts

- P for Pa madou, an African sculptor, a Plant stall with 'Growing Places'
- Q for Quiet walks through beautiful woodlands
- R for Refreshments, traditional teas in the marquee
- S for Story Tellers, a working Saw mill, a Stick dresser, a Survival walk
- T for Tools for Self Reliance, offering our basic tools to third world countries, and a Woodland Trail for children
- U for Useful things for your garden stall [see Econet stall!]
- V for A Very nice day free for all the family!
- W for A Wheelwright, a Wild flower walk, and a Wood turning demonstration
- XYZ sorry not much begins with those! But it will be a packed day.

This event is part of Reading Borough Council's Children's Festival, so we are planning lots of special events for children

The event is run by volunteers and we will need help on the day, if you can spare even one hour, please contact Anne Latto on 948 4454 and help make this another enjoyable day for everyone.

organises social events throughout the year.

Why not come along and try your hand, you may be pleasantly surprised? The only requirements are flat-soled shoes and enthusiasm. Members are looking forward to welcoming you all.

Ample free parking and refreshments will be available.

## British Legion

The Caversham Branch of the British Legion has been very busy with welfare work – help with wheelchairs, convalescence holidays, visits and attendance at funerals over the last few months.

The monthly socials, held alternately at Caversham Conservative Club and Caversham Working Mens Club, continue to be popular – over 70 attended the February social and enjoyed a hot filled yorkshire pud and veg!

The bingo is as popular as ever, especially now we run a snowball game! The raffle proceeds are still helping to boost our Poppy Appeal Fund.

If you are an ex-service person or their dependant and think the Legion could help, or you would like to be a member, give Pauline a ring on 0118 947 5345.

## the CLUBS

### Caversham Bowling Club

Caversham Bowling Club is holding an Open Day on 23 April between 2.00pm and 5.00pm at its green in the Recreation Ground in Albert Road.

Bowls is a sport enjoyed by both men and women of all ages and this is an opportunity for everyone to try green bowling. Members will be on hand to offer advice and instruction.

Caversham Bowling Club offers the chance to bowl in friendly games, inter club games and, for the competitive, County and National competitions. The green is open to members every day from May to September.

The club has a friendly atmosphere with a licensed bar and



## the CLUBS

### St Peter's Wives Group

At our February meeting John and Kathleen Hardy presented a slide show of their visit to Tibet last summer.

Most of the country is above 15,000 feet and, although it has a monsoon climate, because of its height there is very little summer rain. The country was invaded by China in 1950 and is still occupied. The culture, however, is Indian rather than Chinese and the people follow the Buddhist religion. Everywhere there are prayer wheels, which must be rotated by the passing faithful and always in a clockwise direction. The people enjoyed being photographed and the women were particularly colourful in their national dress, which included distinctive hats covered in tulle and 'barcode' striped aprons.

We were shown wonderful slides of centuries-old palaces and monasteries, beautifully decorated and many with gold roofs, glinting in the sunlight. Most of the buildings are also decorated with hangings woven from yak hair. There were pictures of yaks pulling wooden ploughs, working alongside a tractor, and of local people threshing and winnowing by hand. Bricks for building are made from local clay and we saw photos of, surprisingly, women carrying clay from the claypit to the brickmaker. There were photos of magnificent glaciers and the Temple of a Thousand Buddhas, where an incredible amount of gold has been used in its decoration.

John and Kathleen started their trip at Lhasa and proceeded on their journey in a bus with little or no suspension over unmade rutted roads peppered with stones and small boulders. The highest part of their trip was at 17,000 feet, near the Everest base camp. They then descended in said bus about 10,000 feet into Katmandu. It was certainly a memorable trip and an amazing country and we admired Kathleen and John's fortitude.

Our next meeting will be held at Church House on Tuesday 19 April at 8.00pm. Our speaker will be Rosina Marsh, with a talk entitled 'An Evening with Joyce Grenfell.'

New members always welcome.

### Emmer Green Townswomen's Guild

Being prior to the AGM, the February meeting was busy and varied. Both Federation and Guild had made generous donations to the Air Ambulance. The Chairman thanked members for their support of the Guild meetings and of events organised during the year, as well as for the regular help and service generously given in so many ways by all members.

The leaders of special groups reported on recent activities and gave dates and other details for future meetings and visits in the area. The Federation report contained details of activities for the Summer.

During the refreshment break there was a rush to view the extensive, specially organised display of personal wedding photographs. Everyone enjoyed the variety and the fun in seeing who could be recognised.

Mr John Howes, making a return visit to the group, received a warm welcome. The talk, "A Panorama of Austria", covered all nine provinces of that country and his magnificent slides evoked memories for many in the audience. As a tour manager he was able to add interesting details on the people, places and things encountered and displayed on

screen. Mrs Margot Sutherland gave a hearty vote of thanks.

### Caversham Heights Townswomen's Guild

The Chairman, Hazel New, presided over the February meeting and after the usual agenda, reminded the guild that the AGM will be held at next month's meeting.

Drama - the group is working on its next production and has already received bookings for several performances.

Talk of the month - Tin foil, beer cans, string, telephone wire and even large crisp packets may be surprising items to be used in coiling, plaiting and weaving. But our speaker, Christine Brewster, being both a full time basket maker and a keen environmentalist, takes great pleasure in using recycled materials in her work, in addition to the more traditional willows, canes and rushes.

Everyone present enjoyed Christine's fascinating talk and were delighted with the array of colourful baskets, bowls and boxes which Christine had created with such skill and ingenuity.

A vote of thanks was given by Mrs Brown. The meeting closed after coffee, chatter and raffle. Should any ladies reading this be interested in joining us do come along any Thursday of the month at St Andrews Hall, Caversham at 7.30pm.

### Caversham WI

A smaller number of members than usual attended in February but all enjoyed the talk by Mr Tony Stockwell. He kept everyone amused with his odd odes and funny stories about ordinary everyday events.

It was disappointing that there were only 2 entries in the competition for a pot of bulbs so they were declared joint winners. After refreshments the business part of the meeting covered future events with a reminder of the annual meeting in March. The evening ended with the raffle and lots of smiling faces.

### Caversham Community Association

After beginning with the usual informal games evening, February continued in a romantic mood with the Valentine party actually held on the 14th! Everyone wore red and enjoyed some novel games before tucking into a delicious and varied 'bring and share' supper. The following week was a popular bingo session with some 'sweet' prizes for the lucky winners.

We were off on our travels at the end of the month when Mr John Howes showed his slides of his travels in the Baltic region. The four principal cities of the area provided contrasts in architecture and scenery. Though only a few attended due to very cold weather everyone enjoyed their 'armchair travels.'

### Caversham & Chiltern Flower Club

Caversham and Chiltern Flower Club is holding a Flower Demonstration by Jenny Clarke entitled "Take 2" on Wednesday 13th April, 2005, at Caversham Heights Methodist Church, Highmoor Road, Caversham, starting at 7.30pm. Doors open at 7pm. Entrance fee for visitors is £4 and £3 for Senior Citizens. Refreshments are available. The Club meets on the second Wednesday of each month at 7.30pm and provides a varied and interesting programme of demonstrations and visits. To find out more, contact Berna Macdonald on 0118 947 7400.

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