

Caversham Bridge

No 690

www.cavershambridge.org

August 2022

STABLE FUTURE FOR THE RABBLE



DANI AND TOBY Davies – the co-artistic directors of Reading's acclaimed theatre group, Rabble, are celebrating the company's move to The Stables building at Caversham Court. "We are now responsible for the entire Stables building, plus some of the smaller buildings," announces Toby.

"To create what we want, there will have to be some changes. But already, we have moved in all our costumes and props, and our office is up and running."

"We will be renting out some of the space to other groups, such as a Yoga class. We do a lot of education work for both children and adults, as well as holiday courses and after-school clubs. The Stables is not going to be a theatre, but is where we will rehearse our shows," he adds.

Productions by Rabble have attracted professional actors associated with top London companies but, up to now, they

have had to make do with school halls for rehearsals - "It's been quite embarrassing. But now we have an amazing old building where we can work on our productions which are about celebrating Reading's heritage," Toby explains. Productions will then be put on for the public in historic sites within Reading.

Reading Borough Council awarded the 10-year lease of the grade II-listed Caversham Stables to Rabble Theatre in June. The company raised funds through its own income, from grants, and trusts, as well as private donations. Rabble Theatre productions include *Henry 1*, *Matilda the Empress*, and *The Last Abbot of Reading*.

Commenting on the move so far, Toby says, "It's all good – and this is going to be brilliant for the community."

Find out more about Rabble Theatre on [page 8](#)



Members of the Rabble team

The curtain goes up – and on with the show!



The national flower of Ukraine thriving in Caversham

photo F Smith

by Phil Chatfield

OUR AUGUST edition has a strong theatrical theme following Rabble Theatre taking up residence here ([see above and p8](#)). Our Creative Caversham article features local actor, Richard Usher ([p12](#)) who has been recreating vintage radio shows. Local resident Sophie Hastings has also been creative, having written a musical during lockdown ([p5](#)).

For those who like to keep fit, Janina's illustration is of Caversham Health Club in Archway Road ([p13](#)). Janina is currently working on a book of her drawings of buildings in Caversham which will be launched at Fourbears Books on 30 September. We consider wellbeing with articles on our diet from Ami Roy, and the ancient Chinese exercise practice of Qigong from local instructor Wendy Rooke ([both p15](#)).

Summer is the time to enjoy our gardens, but caring for plants

if you are away can be a problem. Les Cooper considers some of the Friends and Foes we might find, and Louise Hampden provides sound advice for those planning a holiday ([both p10](#)).

News from our churches this month includes the retirement of Headley Gayle from the New Testament Church of God after 25 years – he has written our Talking Point for this issue ([p2](#)) – and the work of Reading's Street Pastors ([p4](#)). We also look back, with our second article of the Emmer Green Residents Association ([p14](#)) and Happy Wanderer's reflections on 'The Iron Nightmare' ([p7](#)).

For our September edition, we will be focussing on supporting local businesses. We will be printing small adverts from our local enterprises. If you would like to be included, email editors@cavershambridge.org for details.

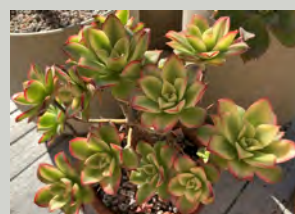
We hope you enjoy this issue. We welcome your feedback and contributions to the paper, so please do contact us at editors@cavershambridge.org or leave a message on our answerphone, 0118 328 2754.

INSIDE

St John's
Day BBQ
– p4



Home Alone for
the holidays
– p10



Community Connections –
Akua Wood
– p11



A REFLECTION

ON JUNE 8, 1997, the Administrative Bishop R O Brown inducted me into the pastoral position here in the Reading New Testament Church of God (NTCG) Church as the pastor, with additional responsibility as the Reading District Overseer. This included responsibility for Aylesbury, High Wycombe and Oxford NTCG Churches.

At the time of my appointment, I was employed by Virgin Trains as a train manager and revenue inspector, based at London Euston. I was also serving as pastor of the Luton NTCG Church and District Overseer for the Luton District.

So, in 2000, after forty years on the railways, I retired and bought a house in Reading where I live now. My decision to come to Reading was made with the full support of my first wife.

Having been an active member of Churches Together in Luton, I soon joined Churches Together in Caversham (CTC) and engaged in its ethos. I also became a member of Reading Racial Equality forum and the Independent Advisory Group, working with the police.

The past twenty-five years have gone so fast; however,



Talking Point – Rev. Headley R Gayle

they were wonderful times, sharing in the development of various projects with CTC. My vision is that REinspired will be the main tool for evangelism for all CTC members.

My thanks go to the Clergy for their welcome and enduring love and respect. I am blessed to have had such a memorable time with these men and women of God.

I also sincerely thank all those members of NTCG who opened their homes and kitchens to us during our commuting days and have been there for me, after the death of my first wife. I am now remarried and looking forward to a loving and happy life after retirement.

I will leave with you these verses from Paul's letter to the Church in Corinth:

"But as you excel in everything - in faith, in speech, in knowledge, in all earnestness, and in our love for you, - see that you excel in this act of grace also. I say this not as a command, but to prove by the earnestness of others that your love also is genuine. For you know the grace of our Lord Jesus Christ, that though he was rich, yet for your sake he became poor, so that you by his poverty might become rich."

2 Corinthians, Chapter 8, verses 7-9.

God bless

H R Gayle

Local clergy and church services

ANGLICAN

Caversham Thameside and Mapledurham Ministry

St Peter, St Margaret, St John
Rev'd Mike Smith, The Rectory, 20 Church Rd
Caversham RG4 7AD

Tel: 0118 947 9505 rector@ctmparish.org.uk

Rev'd Penny Cuthbert Tel: 07825 331 810

Rev'd Andy Storch Tel: 07365 555 905

Contact: admin@ctmparish.org.uk or 0118 996 8836

Correspondence address: Church House, 59 Church Street,
Caversham RG4 8AX

Current services

St Peter's Church –

1st Sunday of the month:

8:00 BCP Holy Communion

9:30 Service of the Word with junior choir and potential for baptism

2nd and 4th Sundays 9:30

Holy Communion using existing service booklets, with adult and junior choir and Sunday Club

3rd Sunday

9:30 Holy Communion in a new, shorter format with junior choir

18:30 Sung Choral Evensong.

St John's Church Gosbrook Road Sunday services

8:00 Online CTM Youtube channel (stays available to watch anytime)

9:30 1st and 3rd Sunday Holy Communion, 2nd All Age

Worship, 4th Service of the Word

Sunday Club for children on 1st, 3rd and 4th Sundays

St Margaret's Church Mapledurham – 11:15

Wednesday – 09:30 – Zoom morning Prayer –

<https://us02web.zoom.us/j/786384026>

St Andrew

Rev'd Nigel Jones, St Andrew's Vicarage, Harrogate Road.

Tel: 0118 947 2788 www.standrewscaversham.org

Current services

St Andrew's weekly services are Sundays at 8:00 and 10:00. The 10:00 is also livestreamed on the St Andrew's YouTube channel. Prayer Book Communion at 11.30 on the first Sunday of each month. More info on the parish website. www.standrewscaversham.org/services

Wednesday 8pm Compline (in church/vicarage)

St Barnabas Emmer Green

David Howell (Churchwarden)

Email: churchwarden@saintbarnabas.org.uk

Current Services

1st, 2nd, 4th & 5th Sundays of the month at 9:30:

Parish Communion

1st Sunday of the month at 11:30: All Age Service

3rd Sunday of the month at 9:30: Service of the Word

Every Wednesday at 10:30: Midweek Communion

CAVERSHAM PARK CHURCH (LEP)

(United Reformed Church)

Contact: Dr Alison Johnston

Tel: 0118 947 5152 www.cavershamparkchurch.com

Current services

Sunday – 11:00 – Livestreaming on YouTube

Details on their web site at: <https://cpvc.org.uk:5152/live-stream>

METHODIST CHURCH IN CAVERSHAM

Rev'd Martin Beukes, 72 Highmoor Rd.

Tel: 0118 947 2223 <https://cavhmc.org.uk>

Rev'd David Jenkins Tel: 0118 327 1592

Current services

Sunday – Caversham Heights Methodist Church, Highmoor Road – 10:30 – (also available on Zoom – email:

martin.beukes@methodist.org.uk for details)

Sunday – Caversham Methodist Church, Gosbrook Road – 10:30

CAVERSHAM BAPTIST CHURCH

Pastor: Colin Baker

Church office Tel: 0118 954 5353

Email: secretary@cavershambaptistchurch.org.uk

Current services

Sunday worship is at 10:30 each week

A link is placed later on Sundays at:

www.cavershambaptistchurch.org.uk

and on YouTube channel

www.youtube.com/user/CavershamBaptist where the recorded service is shown.

GRACE CHURCH

(formerly Caversham Hill Chapel)

Pastor Keith Saynor

Tel: 0118 947 4529 www.gracechurchcaversham.org.uk

Current services

See their web site for details:

www.gracechurchcaversham.org.uk

RIVERSIDE CHURCH (Reading)

www.riversidechurchreading.co.uk

NEW TESTAMENT CHURCH OF GOD

Rev'd H R Gayle

Tel: 0118 946 3009 www.ntcgreading.org.uk

ROMAN CATHOLIC

Our Lady and St Anne

Mgr Patrick Daly, The Presbytery, 2 South View Avenue.

Tel: 0118 947 1787 www.ourladyandstanne.org.uk

Current services

See their web site for services at:

www.ourladyandstanne.org.uk

St Michael Sonning Common

Fr Michael Sharkey, St Michaels, Sonning Common

Tel: 0118 972 3418

At the time of writing, church services are affected by the pandemic restrictions, disrupting normal worship. However, church communities have adapted to the circumstances and are alive and active in new ways.

Our churches are open with some restrictions in place. Most have a range of on-line services, house groups and social meetings, using Zoom and YouTube. For current information, see the websites for each church (on this page) or on the Churches Together in Caversham website: www.cavershamchurch.org

The Caversham Bridge is a community newspaper produced by Caversham Christian News Ltd

Future editions:

Contributions for the September 2022 issue should be submitted by 1 August and for the October 2022 edition by 1 September. These should be e-mailed to:

editors@cavershambridge.org

Dates for advertising copy are 1 August for the September 2022 issue and 1 September for the October 2022 issue.

These should be e-mailed to:

advertising@cavershambridge.org

HELP STILL NEEDED



Some of the winter clothing bound for Ukraine

photo and story by F Smith

THE PEOPLE of Ukraine continue to need our support. Local efforts have continued, as more guests have arrived seeking safety here. Hosts and their friends and neighbours have done their best to make them welcome. A regular 'drop-in' for Ukrainian guests and their hosts meets for tea, coffee and chat at Caversham Heights Methodist Church on Highmoor Road between 15:00 and 17:00 on Thursdays. We reported in our June edition on the work of parents and staff at Reading School and local churches to deliver supplies to those in need in Ukraine. Last month they received a request from a church in the eastern part of the country for winter clothing. Many people in this part of the country have had their homes destroyed and have no clothes suitable for the harsh winter conditions there. Local appeals using churches and social media resulted in a mass of donations, which were sorted at the school and have now been driven to the border for onward transport to the area.

A LASTING FRIENDSHIP



CREWS FROM Reading's twin town of Düsseldorf competed in the Reading Amateur Regatta on 11 and 12 June. An evening reception was held in Caversham Court Gardens to celebrate the 180th anniversary of the Reading Amateur Regatta and the 75th anniversary of the Reading-Düsseldorf Association. Far left, Dr Markus Goetz of the Wasser Sport Verein Düsseldorf, and on the far right, Robert Dimmick, a longstanding member and former chair of the Reading-Düsseldorf Association.

Viki Abel



Write to the editors

Hello Editors

You asked in Caversham Bridge if there were any other contributions to the Queen's Green Canopy locally. Indeed there are!

Volunteers from Reading Tree Wardens have planted a tree to commemorate the Queen's Platinum Jubilee. The Tupelo tree (Nyssa Sylvatica) was planted on Thames Promenade opposite Caversham Court Gardens during the Jubilee bank holiday.

The Tupelo was chosen for its stunning autumnal leaf colour and is positioned so it can be seen from Caversham Court as well as Thames Prom.

Dave Kenny



Tree wardens James and Alan with the new tree.

photo D Kenny



Vacancy for Company Secretary

The Board of Caversham Christian News is seeking a volunteer to take on the role of Company Secretary. Although previous experience would be useful it is not essential. For details, please contact the Chair at: chair@cavershambridge.org

Local Knowledge Local People Local Expertise

At Walmsley, we pride ourselves on our **personal** approach, our local **knowledge, commitment** to our customers and the **recommendations** that we receive from our many happy clients.

Contact us for a valuation of your home and for some sound advice on the local property market.

0118 947 0511 and email sales@walmsley.co.uk



walmsley.co.uk



TEMPLAR ESTATE PLANNING

Your local Will writers and Estate Planners, providing a friendly and professional service for Caversham and Reading.

- ✘ Wills - drafting & review
- ✘ Trust formation
- ✘ Inheritance Tax Planning
- ✘ Live in Care Services
- ✘ Lasting Powers of Attorney
- ✘ Business Succession Planning
- ✘ Probate & Executor Services
- ✘ Funeral Plans

Concerned about getting your affairs in order? We can help you achieve that. Contact us for a friendly and free no obligation consultation for all your needs.

Please call 0118 948 4381
www.templarestateplanning.co.uk

Or visit us at our office located in Church House,
59 Church Street by the Waitrose roundabout.



=E. H. HAMLEY & SON=

**Builders and Decorators
Repairs and Roof Work a Speciality**

*Established over 100 years
Caversham based*

Please contact: 0118 957 3894
07743 929649

Email: ehamleyandson@gmail.com

Subscribe to the Caversham Bridge

To have this paper delivered monthly
email: subscriptions@cavershambridge.org
giving your name and address. The annual
subscription, including delivery in the Caversham
area is £5.00.

You can buy single copies from:
NOODSkin in Church Street, Fourbears Books in
Prospect Street, the True Food Community Co-Op
in Grove Road, Emmer Green, opposite St Barnabas
Church and at the Milestone Café in Caversham
Park Village

Taking to the streets

story and photo by Shirl Scola

READING Street Pastors are part of a national organisation of trained volunteer Christians. They go out into the streets of Reading, in groups of three, between 22:30 and 03:00 on Friday and Saturday nights. They offer support, comfort and prayer to anybody who needs it through caring, listening and helping. They provide flip flops for people who have uncomfortable high-heeled shoes, lollipops for those who have had too much to drink, and work closely with the police and the NHS First Stop Service first aiders. They are supported by a prayer pastor, who prays for the groups and the people they will meet.

...they tend to diffuse the tension...

There are about 70 Street Pastors from 44 different churches in Reading. As well as patrolling the streets of the town, they are active at Reading Festival, where they have a 24/7 presence in two tents, providing a chill out space for festival goers to get refreshments, a chat, and comfort if required, as well as patrolling the site.

A commissioning service was held recently to welcome two new street pastors from St Peter's Church in Caversham. At the service, a police commander praised the work of the Street Pastors, recognising that sometimes, when the police arrive at a difficult situation, there can be tension. However, when the Street Pastors are present, they tend to diffuse the tension and calm the situation.

At the request of the British Transport Police, a team of Rail Pastors has been set up in Reading. They go to local



The two new pastors from St Peter's

stations in the daytime to assist anyone in need or with mental health issues, offering comfort and support.

A new initiative, Community Street Pastors, is about to start in Southcote. Here they will patrol the area in the daytime to provide reassurance and support to the local community through caring, listening and helping.

Who can volunteer as a Pastor?

Someone who is:

- A Christian
- Part of a local Church
- Concerned for their community
- Willing to engage with people
- Happy to work in a team and in partnership with the police and door staff

Volunteers are provided with training to equip them to join the team. To find out more about joining this amazing group of dedicated 'action' Christians, contact Sally Leonard on 07970710080 or by email:

reading@streetpastors.org.uk



A.B.
WALKER
THE FUNERAL PEOPLE
SERVICE, QUALITY AND BEST VALUE
FROM A PROFESSIONAL INDEPENDENT
FIFTH GENERATION FAMILY BUSINESS
SINCE 1826
www.abwalker.co.uk
CAVERSHAM 0118 947 7007
READING 0118 957 3650
HENLEY 01491 413434
Golden Charter
Funeral Plans

IT WAS A delight to welcome so many people to St John's for our St John's Day Community BBQ on 26 June, our first for three years. The sun shone, the sausages sizzled, cakes were consumed, crafts created, faces were painted (including the vicar's) and everywhere I looked children were playing and laughing, and people of all ages were chatting to each other. No-one seemed to be on their own, even if they were when they arrived. People came through personal invitations, flyers through the door, or seeing the event on social media and in the Caversham Bridge. We were grateful to Barry and the 22nd Reading Scouts for taking the lead running the BBQ for us, and to everyone who baked cakes, and organised games and crafts. It was a wonderfully happy afternoon. Lookout for a Community Barn Dance in the Autumn!

photo and story Revd Penny Cuthbert

Jones & Jacob

Fine Art Auctioneers and Valuers

Jones and Jacob Ltd offer an easy way to sell your unwanted items. We can assist with everything from single items to a full house clearance.

We hold auctions on the second Wednesday of every month, selling silver, jewellery, collectors' items, pictures and furniture.

Next auctions 10th August - 14th September

Simon has a wealth of knowledge and experience in providing valuations and as an auctioneer. He is happy to conduct valuations at your home or on site at our saleroom in Watlington.

PROBATE and INSURANCE VALUATIONS

tel: 01491 612810

jonesandjacob.com

Ingham Lane, Watlington

OX49 5EJ



Simon Jones
Director & Auctioneer

AMY'S
CHIMNEY
SWEEPS
BRUSH & VACUUM
FULLY INSURED
TEL: 07778 340444
GABRIELE SCICLUNA

Robin James
OPTICIANS
• Comprehensive eye examinations
• Full contact lens service
• Free specs for children
• Extensive range of designer frames
• Main agent for Zeiss and Rodenstock lenses
• Free parking
0118 947 2099
www.robinjames.co.uk
44 Church St, Caversham, Reading (opposite Waitrose)

PROPERTY MAINTENANCE SERVICES

- Guttering Installations & Repairs • Roofing
- Fascias & Soffits • Painting & Decorating
- All Interior & Exterior maintenance
- Pest Control Service
- Full Public Liability Insured • Police Checked



We welcome inspection of previous work

info@theabelgroupreading.co.uk
0118 329 0175 or 07974 089978
for a free estimate



For your bookshelf....



Welcome to 'Fourbears Reviews', where we briefly review a couple of chosen titles from our book shop 'Fourbears Books' in Caversham. After Dorian's guest spot last month, I'm back to take the reins.

by Alex Forbes

CURRENTLY, one of the most popular crime books is 'The Appeal' by Janice Hallett. It opens with a QC instructing two junior lawyers to look over the files ahead of a meeting with him in a few days. The reader is then presented with a huge number of email exchanges between the players of an Amateur Dramatic company. At this stage, as the reader, you don't know what crime has been committed or the victim. The emails present the story of the latest production being put on, and the relationships between the various characters. About three-quarters of the way through, we discover one of the characters has been murdered. At this point we read the interaction between the two junior lawyers discussing the material we've seen so far. I loved this element, as it was as if the page was presenting my thoughts and suspicions. The various motives and opportunities being worked through and tested was really enjoyable before the lawyers come up with a theory of who did it. Although it may take a few pages to get used to the format, I would encourage you to stick with the book, as it becomes very easy to read and I absolutely



Does the bear appeal?

photo A Forbes

flew through it, and enjoyed it all.

This month's children's book is the first in a new series called Skandar the Unicorn Thief, which is receiving a lot of attention. It's about a world where Unicorns aren't white and fluffy, but bloodthirsty animals, and each unicorn has a human they are destined to be bonded with when the child is 13. If the unicorn doesn't bond with a child, it grows up to be wild and deadly, roaming the earth forever.

The book follows a lad called Skandar, who hopes he is destined to be a Unicorn Rider. As with all good children's stories, things don't go to plan. Skandar has abilities far greater than he could hope for but must keep them hidden and try and save the Island where all the unicorns and their Riders live. It's very entertaining and there are plenty of original elements. It is apparently the first of six books, so we will have to wait to see how the characters develop as the series progresses, but it's certainly an enjoyable start.

Do pop into the shop for your summer reading and we hope you enjoy the warmer months. Happy reading!



Sophie (above) with James and Archie

A NEW MUSICAL IS BORN by Elestr Lee

CAVERSHAM RESIDENT Sophie Hastings, like so many of us, spent much of lockdown stuck at home. However, Sophie found a creative outlet - "I wrote a song, *Slow Down*, which I shared with my family."

"They said it would be perfect for a musical - I've long been a fan of musicals. After a year I had composed 15 songs altogether and, from this, we came up with our show *Everything Between Us!*."

Having studied with the Academy of Contemporary Music in Guildford, Sophie has been writing and performing songs for several years. However, taking the step to composing and putting on a musical has been a steep learning curve. "My brother James is a film maker and director, so he wrote the book, and we found Archie Combe, the show's director. A lot of the development had to be done via Zoom, which was interesting!"

"We started out writing a love story. My brother is interested in Berlin at the time when the Wall went up, so the story is set at that time, about someone who goes to Berlin in the early 60s, travels to the Soviet side of the divided city where he meets the love of his life."

"Then we realised how much this idea connected with our recent experiences during lockdown - of being trapped and being locked in. Then, when the war in Ukraine started, we also saw that there were connections with the Cold War. So, while some of the musical is funny, there is also a serious side."

Sophie managed to raise the money to fund two weeks of rehearsals which took place at Aldermaston Village Hall in July, ending with a workshop performance of the show.

D M B

Building and Roofing Specialist

Tel: (0118) 947 3503 Mobile 07944 272804

FREE ESTIMATES & QUOTES

COMPETITIVE PRICES NO JOB TOO SMALL.
ALSO UNDERTAKEN SMALL BUILDING JOBS
REPAIRS & MAINTENANCE



**BOILER REPLACEMENT
SPECIALIST**

- All Gas Work Undertaken • Servicing
- Landlord Safety Certificates • Central Heating

Remove years of sludge which causes your heating system to under-perform or even fail by having a Specialist Power Flush with our state of the art Magnetic System.

PEPPARD HEATING & PLUMBING
07956 566317 / 0118 9545478 / 01491 699158
for free quote

Caversham Osteopathic Clinic

Richard Weatherall BSc OST

REGISTERED OSTEOPATH

Treating many conditions

For more information or to book an appointment

0118 947 5775

07885 454 092



Helping job seekers prepare their
CV / Cover letter / LinkedIn profile

Laura Harmsworth

0118 947 2488 07947 586 070

www.cavershamcvwriting.co.uk

**Choose
Caversham**



The website for Caversham includes information on:

- News
- Events
- Business listings
- Jobs
- Clubs
- Schools

Brought to you by



www.ChooseCaversham.co.uk

WHAT'S ON

IF YOU have an event planned, please send details to editors@cavershambridge.org We need to receive these no later than the 10th of the month before the event for inclusion in the printed paper. Later submissions can be included in our online What's On, which is updated regularly. To see what has been added check: cavershambridge.org:5154/local-info/whats-on

Caversham Library opening: 09:00 -17:00 Tuesday and Friday, 13:00 – 17:00 Thursday and 10:00 – 15:00 Saturday

www.reading.gov.uk/leisure/libraries/all-libraries/caversham-library

The Summer Reading Challenge is back at Caversham Library! Claim your certificate and medal by joining and reading 6 books during the school summer holidays. We will also be running craft activities on Thursday afternoons and a Bright Sparks Science Workshop. Don't miss out on the fun – visit your library for more information or look online at www.reading.gov.uk/leisure/libraries

Geo Café – Artists against homelessness, an ongoing and changing exhibition of art by local

artists at Geo Café, Prospect Street. For every sale, the artist makes a donation to Launchpad Reading. Open every day except Tuesdays (when the café is closed).

Mondays – Caversham Park Bridge Club – at the Milestone Centre, 19:15 for 19:30 start. Phone Lin 9477820 for further information. www.bridgewebs.com/cavershampark

Tuesdays – Informal mother and toddler meetings – 9:30 St John's Church or 10:00 Sandy Park, Christchurch Meadows.

Thursdays – Tea, Coffee and chat for Ukrainian guests and their hosts – 15:00 to 17:00 Caversham Heights Methodist Church, Highmoor Road RG4 7BG

Sundays – Farmer's Market and Artisan Fair 10:00 – 15:00 Caversham precinct

www.facebook.com/CAFMarket

Monday 4 July to Saturday 27 August – Reading Guild of Artists 27th Charity Art Sale –

The 2nd floor link corridor of the Royal Berkshire Hospital. 25% of sales of their work is donated to the Royal Berks. See their Facebook page for more information:

www.facebook.com/ReadingGuildofArtists

Friday 5 August – Bereavement Café – monthly drop-in for the bereaved 14:00 – 15:30, St Barnabas Parish Centre, Emmer Green, RG4 8RA First Friday of the month. All welcome. Contact Gillian Wilson 0118 947 8772 for information.

Wednesday 10 August – Walk at Woodcote 5 miles - 10:30 start - Pang Valley Ramblers. One of several walks in their programme. Every Sunday and alternating Wednesdays and Thursdays. See www.pvramblers.org.uk for details.

Friday 22 July to Tuesday 2 August – ART Works – 10:00 – 16:00 daily. The Reading Guild of Artists' 91st Annual Exhibition, The Old Fire Station Gallery, Henley on Thames

A fond farewell



The Churches Together in Caversham clergy meeting in July was held at The Packhorse pub to celebrate the 25 years of Headley Gayle's service and his retirement – see his Talking Point on page 2 – Photo CTC



SPA LIVING



THE TREATMENT ROOM

'Calming environment, relaxing aromas and a really good quality well paced massage and facial. Pure bliss. I'll be back and that says it all.'

LADIES ONLY OFF STREET PARKING
EMAIL: laura@spaliving.co.uk MOBILE: 07775 379155 www.spaliving.co.uk
9 Courtenay Drive, Emmer Green RG4 8XH



Building our community

Planning update from Caversham and District Residents Association (CADRA), bringing you a summary of planning and transport matters affecting the RG4 area

APPLICATIONS are coming in to discharge conditions on the approval of the outline planning application for housing on land at Reading Golf Club. Application 220958 includes the Method Statement for Construction and Deliveries. CADRA is setting out the particular local issues and asking for additional restrictions. An application for the materials and appearance of the housing is expected. CADRA has had initial discussions with the house builders, Vistry.

We await a decision on the appeal for Aviva scheme (200328) for the Vastern Road site from TGI Friday to the Range. For the application for retirement homes at Caversham Park (220409), several formal reports have raised concerns on the impact on the listed house and grounds.

Henley Road petrol station (220836) has applied to demolish and replace the building and forecourt, including self-service payment across 24 hours. Substantial changes are planned for the Grosvenor pub (220450) to become a Miller and Carter Steakhouse.

Alongside the application for a Certificate of Lawfulness for existing use as a commercial boatyard (220591), refusal for vehicular access to the Moorings, Mill Green has now been appealed (210544). Reading Council is consulting on a scheme for a segregated cycle lane on Bath Road.

In South Oxfordshire, Chiltern Edge Secondary School has applied to build 50 dwellings and in Woodcote, there is an application for an EIA Screening Opinion regarding 30 residential dwellings and a car park. As always, you can find all the links from the Latest Planning Summary at www.cadra.org.uk



Art & Craft Experiences
FOR ALL AGES

A creative hub for pottery painting, classes and workshops - drawing, painting, clay modelling, glass fusing and more. Children's art clubs, Birthday parties, Hen doo's and Corporate functions.

New: Pottery To Go boxes – allowing you to paint pottery at home.
41 Prospect Street, Caversham, RG4 8JB
artjamstudio.co.uk

Call: 0118 946 4417



aw cycles

110 Henley Road, Caversham
Reading, RG4 6DH
0118 946 3050
awcycles.co.uk

Call in to our Caversham Store for

Bikes, Clothing, Accessories, Components, Servicing, Repair

t: 0118 946 3050

e: info@awcycles.co.uk



Mobile ear wax removal
Qualified audiologist
HCPC registered
Lucinda Ellis
Tel. 07795 268866

Gill Madeley NAHort.
Garden Design & Maintenance

- Garden Design
- Maintenance
- Seasonal Clearance
- Planting
- Advice

Caversham, Reading, Berkshire
t. 0118 947 1178 m. 07971 742 053
gillmadeleygardendesign@sky.com

Stay Safe!
Get Looked
After In
The Comfort
Of Your
Own Home

24-hr & Live-In Care For Your
Complete Peace Of Mind

Services we provide:

- ✓ Home Care & Live-In
- ✓ Respite Care
- ✓ Assistance With personal hygiene
- ✓ Assistance With Medication
- ✓ Light domestic chores
- ✓ Day or Night Sitters

Inspected and rated

Outstanding ☆



Call us now
0118 418 1013

www.care1sthomecare.co.uk

Strict Covid-19 Safety Precautions & Protocols In Place.

E.L.P. Electrical Services Ltd

Electrical Installation Contractors

- Established Electrical Installation Company with an Excellent Reputation
- Commercial and Domestic Installations
- Specialists in Electrical Testing, Fault Diagnosis and Rectification
- Fire and Intruder Alarm Systems
- Planned, Preventative and Reactive Electrical Maintenance
- Fully NIC EIC Accredited

E.L.P. Electrical Services undertake all aspects of electrical installation work from new consumer units to full rewires, including commercial electrical projects. We even install an extra socket or 2.



01189 790171

07909 434515

nickwright@elpelectrical.com

www.elpelectrical.com

LIKE MANY readers, I must have crossed Caversham Bridge thousands of times, for work, for pleasure, and to get to the station. Recently, I was lent a copy of a booklet, the cover of which is illustrated here. It was produced by Reading Corporation to mark the opening of the present bridge. Along with the booklet came the suggestion that I might like to write something about the bridge for this newspaper.

Realising that I'd written on the subject before, I went to my files and found the article, from September 2014 – which was the anniversary edition to mark 50 years of the "Caversham Bridge" newspaper. I decided to write about a different aspect of its history.

The booklet is handsomely produced. The printers were Poynder's at the Holybrook Press – I wrote about them for the March edition this year. It had evidently been presented by a teacher to a pupil: on the title page is written: 'To Peggy, Standard VII Ex, from Miss West, 1925.' The bridge was not to open until 1926. The author tells us that the Prince of Wales (later to be King Edward VIII – the one who abdicated) had promised to come to Reading to open it on May 10, but in the event, this couldn't happen on account of the General Strike. By the time he arrived, on June 25, the bridge was already open, so the Prince had to be content with unveiling plaques on the bridge.

Of course, the booklet is packed with historical facts. It was interesting that the medieval Chapel of Our Lady of Caversham wasn't known about in

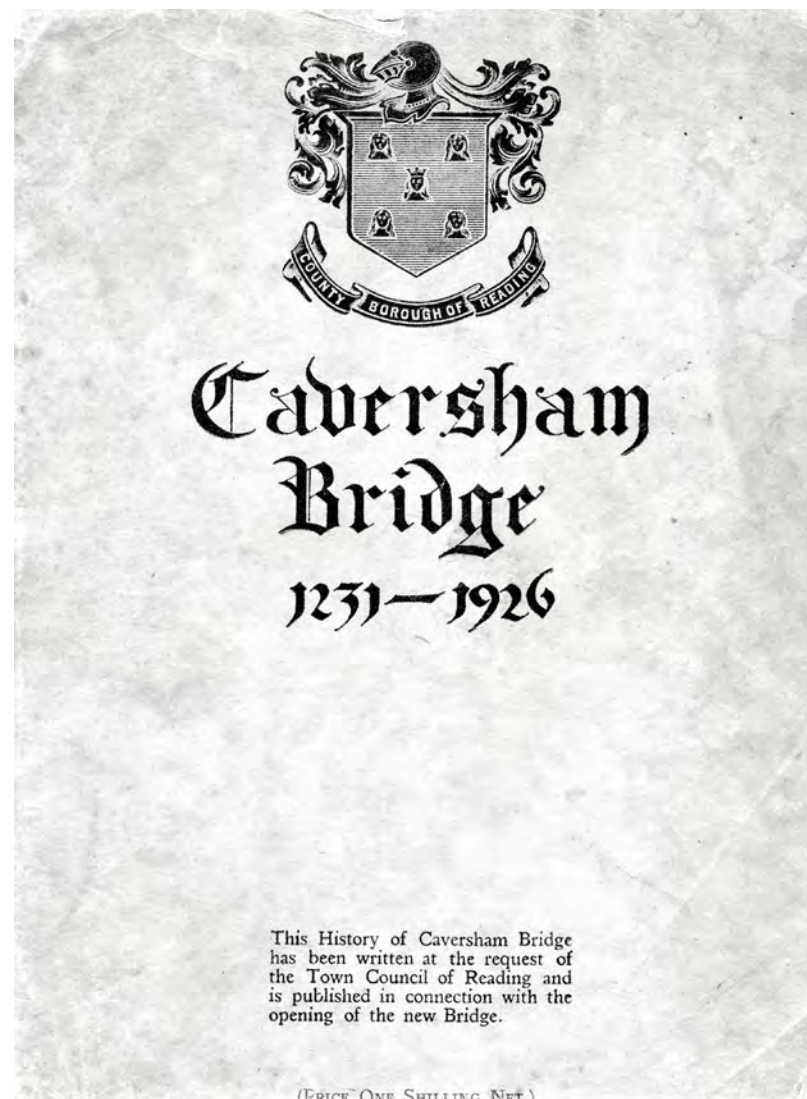
1926 – the author had thought it was one and the same as the chapel on the bridge.

I wondered if it might mention when tolls on the bridge were abolished, but was disappointed. Turning to local newspapers, it appears tolls came to an end with the opening of the predecessor of the present bridge in 1869, and that the question of tolls was controversial. In order to build this iron bridge, an Act of Parliament was

...the question of tolls was controversial...

necessary, and the local authorities at each end of it needed to agree on terms. Reading Corporation had wanted the powers to collect tolls from users of the bridge, but the Oxfordshire authorities did not concur. Mercifully, Oxfordshire had its way. The bridge seems never to have been popular – it was of iron, narrow and utilitarian, and lasted for around 57 years. One Reading councillor referred to it as "the iron nightmare."

The replacement of the "nightmare" came under consideration when it was proposed that the built-up area of Caversham should become a part of Reading Borough. When this came about in 1911, both sections of the bridge were then the responsibility of the same local authority. The new bridge wasn't opened until 1926, caused by the outbreak of war, and traffic volumes being such that a new bridge (Reading Bridge) was needed before the iron bridge could be taken down and replaced. A third Thames bridge near Reading has been on the cards since the 1970s, but I'm not expecting it any time soon.



K W Stokes Plumbing & Heating Engineer

40 YEARS EXPERIENCE – GAS SAFE REGISTERED

Full Central Heating Systems and Boiler replacement specialists

All Boilers fitted meet latest Energy Efficiency standards

Boiler repairs, Maintenance and upgrades.

Bathroom design and installation

All general plumbing work

Free & unbiased advice offered

Tel: 0118 986 9488 Mob: 07768 512060

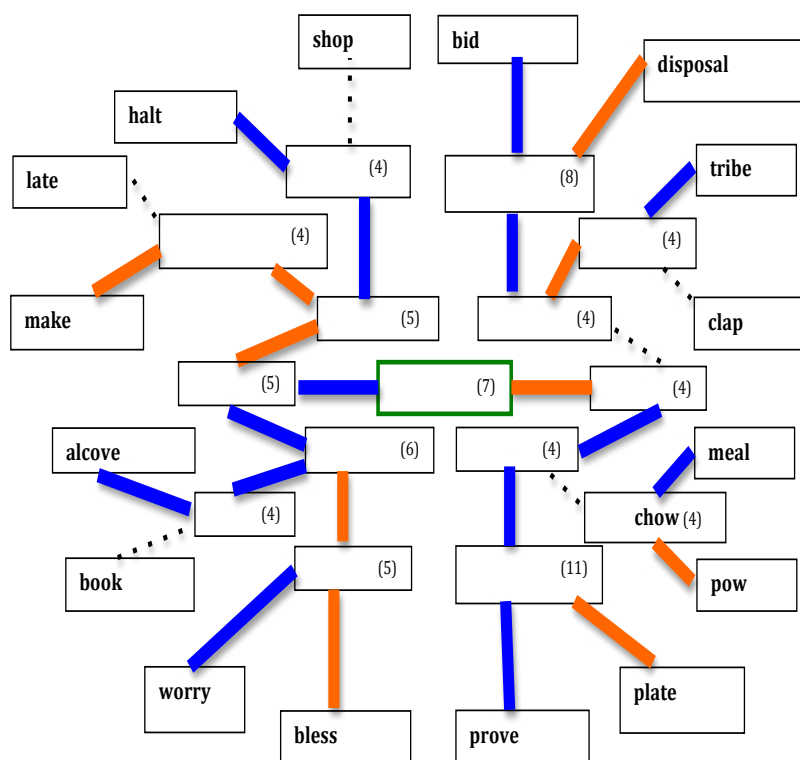
www.kwstokesplumbingandheating.com

Puzzle Corner

The Challenge by Rachel

Find the word that has the same meaning as the clue; or rhymes with; or has one letter that is different. For example: *chow* has 4 letters, differs from *show* by 1 letter and means *meal*.

Rhyme ———
Letter change
Meaning ———



Answers on page 15

SUMMER NIGHT SKIES

Can you find 18 sky related words here?

L S E N U T P E N U R S R E
T J T E R E T I P U J U P R
A A N X U U S E L U C R E H
T U L N D E A E O A S U R E
C S A Y S U N A R U N T P I
A U S L P E G A S U S C M A
S E S C O S S I U M A R S D
S S A A L I U Q A A N A D E
I R R R O O M J R R O N R M
O E S E O E S O P M R L A O
P P E U U L O U O U P L C R
E U R A P O N C T N I R O D
I U U R R O J A M A S R U N
A A A S R S S U N E V E A A

Aquila
Arcturus
Andromeda
Cassiopeia
Draco
Hercules
Jupiter
Leo
Lynx

Mars
Moon
Neptune
Pegasus
Perseus
Saturn
Uranus
Ursa Major
Venus

MORE MUSICAL MEMORIES

by Edward Bradley

Rock and Roll

LIKE SO many young men in the 1950s, I was an avid cinema-goer. One evening I decided to go into Reading to see a new film I rather fancied. I always read film reviews and this one had received good reviews which attracted me. It was 'The Blackboard Jungle' starring Glenn Ford, and it was showing at the Odeon cinema in Cheapside, now sadly demolished. I caught the bus to see it. It was a good film, but the thing that really startled me was the music. It was a revelation that shook me up. As you may know, it was Bill Haley and the Comets singing 'Rock around the Clock'. I had never heard anything like it before,

and I was enraptured. These days, when you see videos of Bill Haley singing, he looks decidedly middle-aged, with the curl of hair on his forehead and his somewhat stilted stance. But back then, we thought his music was really groovy.

My second rock and roll revelation occurred in Crowmarsh. One fine day I decided to take my girlfriend out for a ride on my motorcycle. I can assure you that I was no Marlon Brando à la 'The Wild Bunch' but, nonetheless, we trundled all the way to Crowmarsh, where we decided to stop for a bite to eat. We found a little greasy-spoon café where there happened to be a jukebox. As we



settled down to eat our mixed grill breakfast, people were selecting tunes to be played. Suddenly a strangely different voice sounded in our ears. It was Elvis Presley singing 'Heartbreak Hotel'. Again, I was entranced.

Years later my girlfriend, now my wife, and I were delighted to visit the home of the late Elvis – 'Graceland' in Mississippi. How things had changed. Way back in the 1960s we would have never thought we would be flying all the way to the United States to see 'the home of Elvis Presley'.

What a Rabble?

by Elestr Lee

We take a closer look at a theatre group who are determined to put Reading on the map



The Stable Block

attracted national attention for its productions.

"Originally, we were called Reading Between the Lines (the name changed to Rabble in 2019); we were founded in 2012 with the idea of celebrating the history and culture of Reading," says Toby Davies, who is co-artistic director jointly with wife, Reading-born Dani.

"We wanted to take people who were important locally, such as Henry I or the last abbot, or untold stories about women of Reading - to

THIS MONTH the team of eight who form the basis of the Rabble Theatre group have been working hard on their move into The Stables at Caversham Court. The move marks a new chapter in the story of this remarkable theatre company which has

celebrate these people, and make today's Reading people more aware of their history, and be proud of their town. We put on our productions in heritage sites in Reading, but we also plan to take them elsewhere – to take Reading out to the world!"

However, the theatre group is also hard at work providing opportunities for local residents. "We already provide after-school drama clubs in seven local schools. We offer drama classes for children and for adults which take place at The Stables, and we are planning to offer a homework club space for children. We want it to be accessible to all, so there will be 100% funded places available," Toby stresses.

History, and particularly local history, has always been a feature of productions, with location a vital ingredient of the performance. "We did a production *Oscar Wilde on Trial*, inside Reading Gaol. *The Last Abbot of Reading* took place in the abbey, while our *Henry I* and *Matilda the Empress* took place in St James' Church," Toby recalls.

Welcoming the Rabble to its new home in Caversham, we look forward to their next exciting ventures...perhaps on a Caversham theme...?




Lucy Teixeira

HOMEOPATH RSHOM
BIORESONANCE PRACTITIONER
WELEDA WELLBEING ADVISOR


Female problems, menopause relief,
anxiety, depression, grief, digestive
issues, food intolerance and allergy
testing.

www.lucyteixeira.com
07917 163112



SecureHeat

Use code:
SHFREECAV
to get a free month



SecureHeat has a 5★ reputation for offering a local, reliable, professional and responsive service. We're so sure that you won't be disappointed with our **fully comprehensive plumbing, heating and drain cover** that we will give you a free month when taking out an annual plan with us.

BRONZE	SILVER	GOLD
Annual boiler service	Annual boiler service	Annual boiler service
Call-outs: 5	Call-outs: unlimited	Call-outs: unlimited
Response Time: 24h	Response Time: 12h	Response Time: 4h
Materials: not included	Materials: < £500	Materials: < £1000
from £14pm	from £22pm	from £29pm

www.secureheat.co.uk T:0118 327 4020

📍 covering Caversham and surrounding areas

PET MEMORIAL PLAQUES

~ FOR THE GARDEN ~



WHITE ON BLACK SLATE
SIZE: 150 X 240MM · PRICE: £15

Tel: 0118 947 1899

Email: cpsprintreading@gmail.com



A J JACKSON

PAINTING AND DECORATING

- INTERIOR AND EXTERIOR
- PLASTERING (WALLS & CEILINGS)
- PLASTER & DAMP REPAIRS
- ARTEX SKIMMING
- TILING (WALLS & FLOORS)
- WALLPAPERING
- FURNITURE SPRAYING
- 20 YEARS EXPERIENCE
- QUALITY WORKMANSHIP
- FULLY INSURED
- FREE QUOTES AND ADVICE
- REFERENCES AVAILABLE

*NVO QUALIFIED IN CARPENTRY
E.G. WOODEN FLOORING,
DOOR HANGING, SKIRTING, SHELVING ETC.

CONTACT ANDY
07419 367755
ANDYJJ4@GMAIL.COM
BASED IN TILFURST



Low Energy Lighting

by Tricia Marcouse

COMPACT fluorescent light (CFL) bulbs used at least 60% less energy than old-fashioned incandescent light bulbs and lasted 10,000 hours. The newer Light Emitting Diode (LED) lights use up to 90% less energy than CFLs and are expected to last up to 25,000 hours. Should you make the change? For certain, any new bulbs you buy should be LEDs rather than CFLs, and if you still have any old-style incandescent bulbs in the house, swap them for LEDs. They come in various shades, from bright white to soft pink, and some are compatible with dimmer switches (check the packaging). They don't take time to reach maximum light intensity, can work in colder rooms or outside, and are all far more cost-effective. They'll be with you for a long time, so check the shape and size of bulb you want for each fitting before going out to buy, and remember, they come in many more shapes and sizes than the CFLs, so you now have more choice.



Should you replace working CFL bulbs? LED bulbs are relatively expensive to purchase and energy-consuming to make, so probably the answer is to wait until a CFL bulb gives out in your house. If it is in a main room with frequent use, replace it directly with LED; if in a room used less often, then see whether you can shuffle things around and put the new LED into a light fitting which is used more frequently. The colour rendering index (CRI) varies between brands. Check that it is in the high 80s, and not less than 80. Hopefully, the packaging will give the equivalent to old incandescent bulbs but, if not, then an old 100W incandescent is an 18W LED giving 1300+ lumens. If you just want a replacement bulb that works with a light switch, then keep away from "SMART" LEDs: these are internet connected bulbs. Finally, keep the receipt and the packaging somewhere safe, as these are guaranteed for several years.

Where the wind blows

DRAUGHT
BUSTERS

DRAUGHTS ARE a significant cause of heat loss in our homes. The Reading DraughtBusters project has been running for the past eight years or so, and aims to reduce heat loss from homes in the town by providing practical help and advice. The help is targeted at households in fuel poverty, but anyone can use the detailed advice and information on the website, or at workshops, to learn how to fix their own draughts.

DraughtBusters worked throughout the pandemic and have helped set up similar teams in other towns, including Maidenhead. There has been a recent

enquiry about setting up another group in Reading and, with soaring energy prices, it's expected that calls for assistance will go ballistic this winter.

They are therefore looking to set up new groups this autumn across the town, in an effort to meet the expected demand.

Would you like to be involved with some hands-on DraughtBusting, or with coordination, organising or communications activities? If so, please get in touch, as your assistance would be greatly appreciated – email: antonycowling@gmail.com.

The time commitment is likely to be less than half a day a week, although a few additional meetings might be necessary during the set-up phase.

The next edition of the Caversham Bridge will include an article on the first steps towards draught proofing your home. Or you can start now, as there are bags of advice on the website at:

readinguk.org/draughtbusters/

Free Estimates

COMPSE ELECTRICAL SERVICES

All Domestic Electrical Work undertaken
Part P registered & certified

Tel: 0798 3627742 / 0795 6811443

CAVERSHAM HOMECRAFTS.

Traditional Hardware

THE LITTLE SHOP THAT THINKS BIG

Home • Garden • Pet Accessories • Cleaning • Plumbing
Tools • DIY • Lighting • Cooking • Haberdashery • Wool • Paints & Oils

Over 40 years of Quality hardware in Caversham

46 CHURCH STREET, CAVERSHAM, READING – 0118 947 2011

Web site: www.cavershamhomecrafts.co.uk

E-mail: info@cavershamhomecrafts.co.uk

M. D. Howlett

architectural consultant

(0118) 947 7117

20 years experience in all aspects of domestic and commercial architecture, including designs, local authority applications and contract administration

Chiropodist / Podiatrist

Mrs Samantha Vistuer

BSc(Hons), MRCPod, HCPC Registered

6 Victoria Road, Caversham, Reading, RG4 7QY

Experienced Clinic Based Podiatry for all ages

Specialising in elderly foot care

Diabetes Foot Care Assessment & Treatment

Corns Callus Verruca

Fungal/Thickened/In-growing Nails

Foot Pain & Insoles

Sensation & Circulation Assessment

Dementia Friendly

Wheelchair Access

Tel: 0118 946 3401

vistuers@gmail.com

www.samanthavistuer.co.uk

Steepal of Henley

Kitchens & Bathrooms

Complete Design & Installation Service

Or Supply Only

Fully Equipped Showroom

7 Reading Road Henley-On-Thames

Oxon RG9 1AB

01491 411990

Local References Available

info@steepalofhenley.co.uk

www.steepalbathrooms.co.uk



FRIENDS OR FOES

by Les Cooper



WE HAVE friends and we have foes in our gardens. My guess is that not one of us is fond of wasps. For me, they bring back a painful memory of years ago. One sunny day when I was at my Wolf Cub Camp, a friend dropped a dead wasp down the back of my shirt. Either the wasp wasn't dead, or dead wasps can sting, but all I know is that it hurt like mad. It didn't endear me to my 'friend' or to wasps.

During August, wasps seem to appear everywhere, especially when you decide to have a picnic, and if you are stupid enough to have strawberry jam sandwiches available. We tend to think bees are much more amenable, but wasps are not complete villains, because they are part of Nature's methodology by eating caterpillars and aphids.

Even my long-term enemies, slugs and snails, are doing their best to keep my garden tidy. It's just a shame that my hostas and delphiniums get in their way. However, it does frighten me to think of the banned chemicals like metaldehyde and methiocarb I have used liberally in the past. Hopefully, by using nematodes, I am doing better now. Nematodes are microscopic worms I water on to my delphinium plants to destroy the slugs and snails. It is effective for only a few weeks, so the timing of use is important.

I grow a couple of hostas in pots with a band of copper strip stretched around them, and this deters the molluscs from crawling up and chewing the leaves.

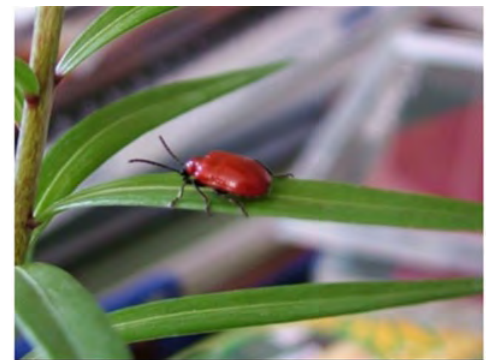
Greenfly are a nuisance on your roses, but if you wash them off with soap and water the birds, especially the blue tits, can have a feast.

Regrettably, there are several problems we find in our gardens which have no hidden merit, and we humans are to blame as most have arrived from abroad.

That terror the lily beetle came from the USA, but back in the 1930s, so I can't blame Donald Trump. My own notion is they thrive more in peat/fibrous type composts, and less so in ordinary soil, but I have no proof. Unhappily, the only real answer entails picking the half inch scarlet beetles off by hand, surely no-one's favourite task.

Yet another invader is the Harlequin ladybird, and it seems that we have no way of stopping its spread. To be truthful, I am not sure I can tell the difference between it and our home-grown version, but that's probably my ignorance.

Gardening is all about trying to work with Nature and overcoming problems. You feel so triumphant when you manage to beat those pesky lily beetles and when your hostas shine without a hole in their glossy leaves.



Red Lily Beetle

photo RHS

Home alone for the holidays

text and photos by Louise Hampden

LIKE MANY people, there are times when I go on holiday and must leave my plants, both indoor and outdoor to luck, or ask a family member to tend them, particularly the indoor plants, and outdoor containers.

But there is a group of plants which can thrive on neglect and be home alone for extended periods of time, both in the home and in the garden. These plants are called succulents. Many of them can live on the windowsill throughout the year and holiday in the garden in summer.

Unfortunately, I have on occasion been asked to offer a diagnosis for a poor succulent which has turned into a soggy mass. The simple answer is that it has been killed by kindness.

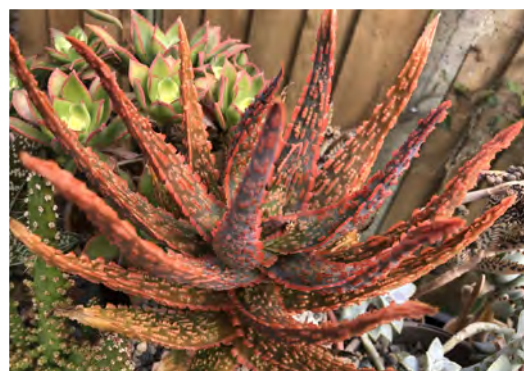
Succulents work by storing water within their leaves, drawing the moisture they need from the soil. The secret of succulent success is that they need compost with lots of grit added, and only need watering when the soil has dried out completely, and not watered at all in winter.

I love to seek out interesting varieties, and I grow Aloe 'Danyz' which has orange bobbles on its leaves and a tall orange flower beloved by insects. It produces lots of what are called 'pups', which are baby plants that grow from the base, and I remove these and get new plants for free. I also grow several varieties of Aeonium, one with very dark, almost black leaves, and another which has lime green leaves with pink tinges called Aeonium 'Kiwi.' All of which I mostly ignore, and they are currently living both inside, on a sunny windowsill and outside in pots. I bring them indoors when the weather starts to get cold, usually by the end of October.

There is a whole world of different succulents

out there to try with fascinating shapes and forms, but they do come with a warning. They can be seriously addictive.

A top tip for those who are going away on holiday, and have pots outdoors that need watering, is to deadhead everything before you go and move them all into the shade. If you have a children's paddling pool you can fill it with a few centimetres of water, place your pots within it, and your pots will most likely still be lovely and have fresh flowers when you return.



Aloe 'Danyz'



A selection of succulents

A.F. JONES

**MASTER
MASONS**

Craftsmen in Stone

**BEDFORD RD
READING
Telephone
0118 957 3537**

TOMALIN & SON

Funeral Directors

A Family Owned Funeral Service

Tel: (01491) 573370

ANDERSON HOUSE, 38 READING ROAD,
HENLEY-ON-THAMES, OXON, RG9 1AG

Golden Charter & Help the Aged
PRE-PAID FUNERAL PLANS

Miles & Daughters
THE FAMILY FUNERAL SERVICE

Owned & Run By The Miles Family
Male & Female Funeral Directors Available
Free Home Visits, Advice & Assistance
24 hour caring service
Pre-paid Funeral Plans
Memorials



0118 959 0022

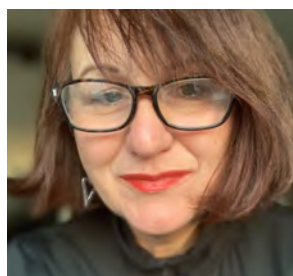
FAS

www.milesfunerals.com

157-161 Caversham Road, Reading, Berkshire. RG1 8BB



Community Connections



text and photos by Caroline Gratrix

This month we meet Akua Wood who owns Sheabutter Cottage

AKUA CAME to the UK from Ghana in 1994. Her background was as a secretary in construction. But after having her children, she switched to running her own business making shea butter products.

Shea butter is a natural plant-based product that is kind to sensitive skin. It is sourced in Akua's native Ghana (West Africa), where she set up a cooperative, with Jilima Coop, to produce to international quality standards. Jilima Cooperative now supports 53 women.

Akua's product range has grown to include an extensive selection from skin care to hair care, raw ingredients for wellbeing, and cosmetic formulations.

Akua has just opened a new shop, Sheabutter Cottage, at 118 Henley Road, next to Kay's Hair Salon. As well as stocking her shea butter range, she sells cards, chocolate, artifacts, gifts, traditional hair wraps and fabrics. It smells amazing in there!

Sheabutter Cottage is an ethical business which helps others to support themselves.

Akua's entrepreneurship gives women in Ghana an income. She also sponsors Samuel through his university education. It's a good feeling to buy ethically fair-trade products where you know the profits are put to good causes. Please pop in and say hi, I can guarantee a warm welcome.

Akua, let's find out a little more about you.....

How long have you lived in Caversham?

I have lived in Caversham for almost 28 years.

Where are your favourite places to eat, drink and shop in Caversham?

We hardly go out to dine but occasionally pop into the Traveller's Rest, as it is very accommodating of my daughter's needs.

How do you think we can all be eco-friendlier in RG4?

So many ways including recycling, reusing and planting more trees.

Being part of a community reaps a wealth of benefits, how would you strengthen our sense of community in Caversham?

Caversham is a great place to celebrate diversity and community spirit.

If you could bring anything to Caversham, an event, an experience, a shop, what would it be?

I would love to introduce the warmth of Ghanaian love which I want customers to experience when they shop at Sheabutter Cottage.

Akua also has copies of the Caversham Bridge paper available for sale in her store.



THE CAVERSHAM
PICTURE
FRAMER

- * Hand made frames & mirrors
- * Art gallery
- * Free consultation

5% OFF FRAMING
with this advert

0118 9481610
7 Church Rd, Caversham, RG4 7AA
framing@cavershampictureframer.co.uk CB21

CURTAINS, BLINDS, PELMETS,
TIE BACKS ETC
ALL AT COMPETITIVE PRICES
CALL CAROLINE ON
0118 954 2448
OR 07815 610 007

Steve Daniels

Painting and Decorating

25 years experience

City and Guilds qualified

For a professional job and free quote ring:

Home: 0118 961 3218

Mobile: 0791 710 6164

PET PORTRAITS

BY AWARD-WINNING ARTIST JOHN MULLANEY
Gallery at www.thetopdraw.com/pet-portraits

SPECIAL OFFER

15% discount
on all orders
placed before
September
2022

To discuss your commission, please call & send a photo of your pet to 07899 888967 or email me at johnRmullaney@yahoo.com

JOHN R. MULLANEY VISUALISATION
WWW.THETOPDRAW.COM

Bondright Roofing Services

DOMESTIC, COMMERCIAL & INDUSTRIAL ROOFING
& EXTERIOR MAINTENANCE

Your Local Roofing Company

All Types of Roofing

Tel: 0118 963 9456

www.bondrightroofing.co.uk



A Crafty Cuppa

– with Ally Evans



Ally Evans photo C Gratrix

by Ruth Martin

MAKING something beautiful, but also useful, is Ally's focus when at her pottery wheel. Whether a cup, a bowl, or a plant pot, Ally creates her pieces with a sense of practicality – they're not just for decoration but to serve a purpose! The cup needs a handle that is comfortable to hold, the bowl might need to be just right for cereal in the morning or for fruit on the table. "I only make useful things; I tell people to use the pottery I make every day - there's no point saving them for best!"

Coming from a creative family with an artist father and mother a keen crafter, Ally has always enjoyed creating and making things. "I took up pottery about twenty years ago," Ally told me. "I enrolled on an evening class at South Hill Park in Bracknell, and slowly learnt how to throw pots." It turned out to be a feat of endurance as she realised that making pots on a potter's wheel was trickier than it looked! "After a whole term I hadn't managed to make a single pot, but I persevered and after a while I mastered making teacups. I still use the first ones I made to this day!"

Having a family, and working as a primary school teacher,

meant pottery took a back seat for several years, but lockdown was the catalyst for Ally to dust down her kiln and get turning pots again. She soon found she was making presents for friends, and a candle-maker friend of hers (yes, that's me!) asked her to make some pots for candles as her first commission. "And things just got going from there. People started asking to buy things, friends would see pots on the kitchen table and ask if I would make them something similar."

Since then, Ally's held a mini-Christmas fair in her kitchen and taken part in the Caversham Arts Trail, giving her the chance to show her pottery to a wider audience. "It's been really lovely to meet people who are interested in ceramics, and to share with people what I make and find out what they like," Ally explained.

So, what's coming next, I wondered? "I haven't got a plan. I'm going to keep making things I like and if people want to buy them that's great, and if not, I'll have a house full of lovely pots!"

@oneblackspaniel_ceramics
www.oneblackspaniel.com



Recapturing those radio days...

Remember the 'good old days' of switching on the wireless and chuckling over *Hancock's Half Hour*, *The Goons*, or *The Navy Lark*? Richard Usher (left) tells Elestr Lee how he is finding a new audience for old shows

CREATING A successful career on stage or screen is famously fraught; so many aspiring actors set out to set the world ablaze, only to face disappointment. However, Caversham resident Richard Usher has been quietly building a successful career as an actor, voice-over artist and film extra - sometimes known as a supporting artist. He can be spotted in the likes of *Downton Abbey* and *The Crown*, as well as *The Darkest Hour*. With a fascinatingly varied career already under his belt, Richard is always keen to learn from others, and to get new ideas from older well-established stars. "As an extra, you have a great opportunity to watch the main actors and the directors at work. And it's great to meet such a broad range of people who have decided they want to work as extras" he says.

Interestingly, Richard didn't start out by going to stage school - in fact he began working with the BBC in 1996, with plenty of on-the-job training in the early days. "You could start the day reading the news, and end by doing the sport," he recalls. Moving to Reading in 2001 while still with the BBC, he has lived in Caversham Park Village for the past 16 years. "It was while I was with BBC Berkshire that I and three colleagues were asked if we would like to take part in a Progress Theatre production of *Romeo and Juliet* in the Abbey ruins. I played a servant - my first acting role," he explains. Having left the BBC in 2012, he continued to develop his voice-over career, performing over 20 audiobooks of Shakespeare stories for children, and more than 30 *Sherlock Holmes* tales.

"Around then, I spotted an ad for a new *Goon Show* about to tour the country, so I auditioned. There was a part recreating Peter Sellers - and I got that part!" In fact, Richard had already had a long fascination with

The Goon Show, the iconic radio comedy series which ran from 1951 until 1960 famously beloved of Prince Charles. In the mid-80s and still at school, Richard began writing scripts and shows. "My dad said, 'This reminds me of the *Goon Show*', but I'd never heard of them. So he took me to the local library and we took out an LP - and I was hooked!"

Richard's *Goon Show* tour led to other roles which have recreated, or been connected with, many of the greatest names from the 'golden era' of radio comedy. A great friend of comedian Tony Hancock was the *Goon Show* scriptwriter Larry Stephens, who wrote *Vacant Lot* as a pilot for Hancock. This remained in the BBC archives at Caversham, until finally rediscovered in 2015. Produced as a stage show in 2017 by Dave Freak for the Birmingham Comedy Festival, Richard played roles originally intended for Peter Sellers, Kenneth Connor and Sydney Taffler.

More recently, Richard has been playing in the first



The cast of *Vacant Lot* - written by Tony Hancock's friend Larry Stephens, rediscovered in the BBC archive in Caversham. **Photo Dave Freak**



Richard, playing Dennis Price/No.1, with James Hurn as Leslie Phillips, in the *Navy Lark* **Photo Primrose Productions and Sally L Davey**

stage adaptation of the long-running *Navy Lark* comedy, recreating Dennis Price and Commander Shaw in the national tour. Richard has noticed that not all the audience who come to the theatre to see these shows, based on radio hits from more than half a century ago, is from the older generation. "We get a cross-generational mix of ages coming to the show," he says. "We were in Croydon doing the *Goon Show*, and there were members of the audience who'd never previously heard of the show. But we also came across a chap who said he had

actually seen the original cast, and he thought our production would be terrible. But by the interval had decided it was brilliant!"

Richard doesn't confine himself to recreating new shows based on the old radio hits. For example, he has been working as assistant to a TV commentator at Wimbledon this summer. In the autumn he is taking on two solo shows, narrating chilling ghost stories by EF Benson (of *Mapp and Lucia* fame) for NeuNoir Theatre Company. This follows a successful debut last October performing stories by William Hope Hodgson about the exploits of the fictional supernatural detective, Thomas Carnacki. He has spent time teaching broadcasting and voice-over skills for the Bridge Theatre Training Company in Camden, and has also recently become interested in sound design.

Another of Richard's passions is the river, and as a member of the River Thames Society he has acted as a warden for a section of the Thames, checking that lifebelts are intact and the condition of the paths. But he has also become fascinated by the river's history and the characters connected with it. He has discovered his namesake, the clown Richard Usher, born in the 18th century, came up with a stunt in which he sailed from Westminster to Waterloo Bridge in a bathtub towed by a flotilla of geese!

Sounding like an episode from the original *Goon Show*, Richard admits he remains endlessly fascinated by the show. "If I could play the Goons for the rest of my life, I would be happy!"

Find out more: <https://www.richardusher.co.uk/>

Richard Usher (top left)

Photo Claire Newman-Williams



With the cast of the *Goon Show* **Photo Latent Memory**

The Local Scene

by Martin Andrews

Caversham Health Club



Drawing by Janina Maher

www.janinamaher.artweb.com

JANINA MAHER'S drawing this month is of the building occupied by the Caversham Health Club. Most of us pass it regularly on our way to the Waitrose car park, but recently I had a tour of the facilities and was very impressed by the beautiful contemporary style and design of the interior. Today it is a state-of-the-art fitness studio, with excellent equipment, experienced trainers, and carefully designed rooms which cater for a wide range of activities, including Pilates and Yoga – all centered around a welcoming café and social area. It is the vision of two people, Isaac and Sophie, who restored the building and created the business in the middle of the pandemic.

The building has a long history, and a stone plaque mounted on a decorative brick chimney near the entrance records its beginnings – 'Caversham Parish Schools 1863'. Originally there were two separate buildings; one an infants' school, and the other St

Peter's Elementary School. A hundred years ago the headmaster was Robert Lunn, whose wife ran the infants' school. Although remaining in educational use, there have been many changes. Records show from 1892 it became Caversham Council School (for a short time known as Caversham Parochial School) and, from 1949-1965, it became a facility for Caversham's Secondary School. By the 1980s, the buildings had become Reading Adult College, later known as New Directions, run by the Borough Council. Many of us have probably attended classes there – ceramics, photography, art, languages, keep fit, flower arranging and many more subjects were offered. I remember giving a number of talks there for the WEA.

In the nineteenth century, access to the school was down School Lane but, with the development of Waitrose, parts of the building were demolished and it is now approached via Archway Road. Let's wish the

Health Club success and hope it continues to keep such an interesting building alive.

Janina will be publishing a book containing many of her drawings of Caversham buildings in the form of a stroll through Caversham on 30 September 2022, for more details see <https://janinamaher.artweb.com/book-of-caversham>

Soft Furnishings,
Loose Covers, Curtains,
Roman Blinds, Re-upholstery

John Kitcher & Son

31 Burrell Road
Compton, Newbury RG20 6NP

Tel: 07596 498482
Email: j.pickett1@yahoo.com

A hidden oasis of creative calm based at Creativ.Spaces
whimsical art & event spaces in the heart of Caversham...

ART SANCTUARY

Workshops & Experiences | Private Parties | Corporate Events | Space For Hire



SEE WHAT'S ON: www.madebytamalia.co.uk

THE VENUE: www.creativspaces.co.uk

f @madebytamalia | @creativspaces

CONTACT US AT: studio@madebytamalia.co.uk | 07989 130 066

MADE^{by} Tamalia
CREATIV. SPACES
MAKE. ART. WORK

PROFESSIONAL CARE / SUPPORT MANAGED BY FORMER COMMUNITY NURSES.



We Provide:

- ✓ LIVE IN CARE
- ✓ BESPOKE HOURS OF CARE / SUPPORT
IN YOUR HOME
- ✓ RESPITE IN OUR ACCOMMODATION
IN READING
- ✓ We Support Young People, Adults, and the Elderly.
- ✓ We Cover Berkshire and Surrounding Counties.

Are you looking for the best live-in care available?

We can provide bespoke live-in care designed around your loved ones' needs.

We also provide Respite and Bespoke Hours of Support and Care within your home.

We will put in a unique package of support with a carefully chosen carer to meet your loved one's requirements. Our live-in cares and support workers are fully trained. We always promote and maintain your loved one's independence.

We will come out to you to find out what you or your loved one needs and we will do our best to help them stay independent at home. We value working closely with families and loved ones.

Our service is owned and managed by professional social workers and nurses.

Our services are available to clients with mental health, autism, learning disabilities, epilepsy, dementia, Alzheimer's and other health and personal care needs.

PLEASE CALL ANNE OUR CQC REGISTERED MANAGER ON;

07483426025
01189 919115

office@cedarhopecare.co.uk

www.cedarhopecare.co.uk

Regulated by
Care Quality
Commission

Community Champions

by Margaret Ormonde (EGRA committee member 1997- 2016)

Our June edition included an article about the Emmer Green Residents Association (1984 – 2022), which has now been disbanded. This article provides a little more information on those who volunteered their time to help run the Association.

OUR PHOTOGRAPH, taken in 2001, is from Emmer Green Past and Present. It shows the Emmer Green Residents Association Committee (EGRA) midway through the tenure of the organisation. This article aims to pay tribute to some of those who served the association over the years.

David Miles (centre back) was the inaugural Chairman, at a time when all communication



was in person, either by letter or telephone. He oversaw what was one of EGRA's most challenging times - the opposition to the development of the entire Hemdean Valley.

But this campaign cemented the association, which developed a voice on other matters. Committees often rely on a few key people and, during this time, members like Alan Perrin and Bill Goodworth played vital roles. Jill Verran was an inaugural committee member from 1984 to 2012 – Treasurer and Membership Secretary. Bill Harper took on the role of Treasurer in 2002 and continued until 2018. Paul Gallagher became Chairman in 1997, and was succeeded by Margaret Ormonde in 2007, ably supported by Vice-Chair Barry Prior. Annette Fairweather took over as Chair in 2015, meeting new development proposals head on.

Overall, around 60 local residents served on the committee through EGRA's lifetime, and it would be impossible to name them all. In addition, there have been stalwarts who gave time to run things without being part of the committee, or having left it. Clive Ormonde devised and managed the EGRA website for 18 years, Diana Hartrup ran the newsletter distribution team, and various others managed the community noticeboard. Bob Cruickshank instigated the Tradesmen's List, and Vera Bodman was a great promotional ambassador.

When a specific event or project was imminent, it was all hands on deck. The Millennium History Exhibition, headed by Margaret Ormonde,

linked up with Highdown School. The related research led to the production of the *Emmer Green Past and Present* book in 2001. It brought us closer to the community than ever before, listening first hand to many who had witnessed change. Annual General Meetings were held in St Barnabas church hall, and celebrations linked in with Emmer Green Primary School.

Emmer Green Past and Present is due to be reprinted in autumn 2022, and will be on sale at Fourbears Bookshop, Caversham.

Short-Term Therapy – Long-Term Results

Janet E Kent M.A. (Psych) M.Sc.
British Association for Counselling
and Psychotherapy Senior
Accredited
Psychotherapist/Counsellor

Call Janet on 01189 464085
email: janetkent@ntiworld.com

PIANO LESSONS

Available from an
experienced teacher,
ex-concert pianist.
All levels taught.
Your house or mine
(Steinway grand)
Anna: 07568 377731

1Electrics

Caversham Electrician

All your Electrical requirements

For a free quotation Phone

07771 798485 or 0118 954 6338

INDEPENDENT FUNERAL CELEBRANT

Anne Garrison

Say goodbye, your way



Funeral ceremonies
Memorial ceremonies
Ceremonies for
scattering ashes

Anne@AGarrison.co.uk
0118 947 4244 www.agarrison.co.uk

Home Instead
To us, it's personal

Live well, your way

Start your home care journey
with Home Instead® today.

0118 909 9108
www.homeinstead.co.uk/Reading

CAVERSHAM GOOD NEIGHBOURS

Are you a people person?

Caversham Good Neighbours is a group formed to offer essential transport to the elderly and disabled in our neighbourhood. If you would like to give to the community by joining us as a volunteer driver or helping in our office, then please do get in touch with us.

www.cavershamgoodneighbours.org.uk
0118 948 3466

Monday to Friday 9.30am – 11.30am
Church House 59 Church Street Caversham RG4 8AX

Foot Health Professional

Lynne Dargie
BA (hons) Community
Nursing, Diploma Foot
Health MCFHP MAFHP

Foot problems?
I can visit you in
the comfort of your
own home, helping
to bring back your
feet to a healthier
condition with
regular treatment
and advice

Services offered include:

- Toenail cutting
- Treatment of fungal, ingrowing and thickened nails
- Corn removal
- Callus (hard skin) reduction
- Dry and cracked heel remedies
- Verucca treatment
- Athlete's foot care
- Diabetic foot care and advice

Call Lynne for bookings/queries on
07443 500105
lmdfoothealthcare@gmail.com



Rooke Holistic Qigong
Promoting health, fitness
& wellbeing

If you find other forms of
exercise too strenuous or
if you have difficulty with
floor-based classes, such
as pilates or yoga, **qigong**
could be a good alternative
for you.

Gentle exercise (similar to tai chi) | **Calming**
Can improve balance and co-ordination
Suitable for beginners | FREE trial session!

WEEKLY QIGONG CLASS

🕒 Friday 11:30am to 12:30pm 📍 Caversham Hall

For more information or to book: call Wendy on
07528 708650 or email wendy@rookeholistic.co.uk

**mama's
way**
MAMASWAY.CO.UK

Call Us:
0118 327 3802
10-14 DUKE STREET
READING UK RG1 4RU

YOUR ITALIAN FOOD WITH 15% DISCOUNT

— promo code **CAVERSHAM** —



Wellbeing *with Ami Roy*

Revving up the body's engine!

ALONG WITH proteins and fats, carbohydrates are one of the three main nutrients found in food and drink.

Carbohydrates are our body's main source of energy: they help fuel our brains, kidneys, heart muscles, and central nervous system. For instance, fibre is a carbohydrate that aids in digestion, helps us to feel full, and keeps blood cholesterol levels in check.

Our bodies break down carbohydrates into glucose. Glucose, or blood sugar, is the main source of energy for our body's cells, tissues, and organs. Depending on our body type, the guidance is to allow carbohydrates to make up between 45% and 65% of daily food intake.

Low-carbohydrate diets may miss the health advantages – such as increased intake of dietary fibre – afforded by high-quality carbohydrates found in legumes and pulses, whole grains, fruits, and vegetables.

Carbohydrate-restricted diets are no more effective than a conventional healthy diet in preventing the onset of type 2 diabetes but, for people with type 2 diabetes, they are a viable option for losing weight or helping with glucose control.

The healthiest sources of carbohydrate—unprocessed or minimally processed whole grains, vegetables, fruits and beans—promote

good health by delivering vitamins, minerals, fibre, and a host of important phytonutrients.

Unhealthier sources of carbohydrate include white bread, pastries, sodas, and other highly processed or refined foods. These items contain easily digested carbohydrates that may contribute to weight gain, interfere with weight loss, and promote diabetes and heart disease.

Ideally, we would consume mainly complex carbohydrates and use simple carbs only as an occasional treat.

Complex carbohydrates are made up of sugar molecules that are strung together in long, complex chains and release energy slowly into the bloodstream. They help to boost mood-regulating, stress-reducing chemicals in the brain.

Our bodies can store extra carbohydrates in our muscles and liver for use when we're not getting enough carbohydrates in our diets. A carbohydrate-deficient diet may cause headaches, fatigue, weakness, difficulty concentrating, nausea, constipation, bad breath and vitamin and mineral deficiencies.

If we create a balanced relationship with this food group, we can benefit from, and enjoy, every meal to the fullest!



SWIMMING IN THE AIR

by Wendy Rooke
Wendy Rooke runs regular Qigong classes
online and at Caversham Hall



QIGONG WAS developed over 4000 years ago in China. 'Qi' means 'energy' and 'gong' means 'work'. It is a gentle form of exercise devised to harmonise the flow of energy in the body. This entails using relaxation and concentration to achieve effortless, graceful movement. Qigong is effectively a moving meditation, as it requires

quiet focus. It is sometimes described as swimming in the air (as a swimmer I really like that analogy). Movements are performed as if the air were as dense as water, imaging the resistance and so keeping movements fluid.

Different types of qigong have developed over the millennia in different aspects of Chinese society: in Taoism and Buddhism as a moving meditation, in Confucianism for long life and good conduct, in traditional Chinese medicine to prevent or cure disease, and in the martial arts to enhance fighting ability.

Qigong has many potential benefits for health and wellbeing when practised regularly, some of which are:

- Body awareness through focused attention
- Efficiency of movement from whole body movement
- Good posture using focus points and guided meditation
- Better balance from shifting body weight from one leg to another
- Graceful co-ordination of movement
- Strengthening using your own body weight and by holding certain postures to improve stamina
- Increased vital energy by working with the breath
- Improved concentration from learning to tune into the body
- Relaxation from the slow repetitive nature of the movements
- Injury prevention as a result of many of the other benefits above

To find out more, contact Wendy on 07528 708650 or email: wendy@rookeholistic.co.uk

THE CHALLENGE SOLUTIONS:

(From left to right) stop, proposal, lake, clan, brake, plan, break, **holiday**, play, recess, show, nook, chow, stress, demonstrate

A community newspaper published by Caversham Christian News Ltd, Church House, Church Street, Caversham RG4 8AX Tel: 0118 328 2754

EDITORS: Dr Alison Johnston, Mrs Janet Offord, Mrs Heather Gale, Phil Chatfield, Judith El-Nager
Email: editors@cavershambridge.org

ADVERTISEMENT MANAGER: Mr A Wright
Tel: 0118 947 6958
Email: advertising@cavershambridge.org

COMPANY SECRETARY: Mr Tony Holland.

SUBSCRIPTIONS: C Clifford
Email: subscriptions@cavershambridge.org

CIRCULATION DELIVERIES:
Email: circulation@cavershambridge.org

COMPANY CHAIR: Mr Phil Chatfield
Email: chair@cavershambridge.org

COMPANY TREASURER: Mrs J Belcher.
Tel: 0118 947 4772
Email: treasurer@cavershambridge.org

POSTAL SUBSCRIPTION MANAGER:
Mrs J. Belcher Tel: 0118 947 4772

The views expressed in this newspaper do not necessarily reflect the opinion of the Editors or the board. The Editors reserve the right to edit contributions and will endeavour to consult with the writer where possible. Readers should note, the inclusion of advertisements in this paper is not an endorsement of the products or services offered.

Typeset and layout by RP Character Graphics
Tel: 07949 980 982

Printed by: Mortons Print, Media Centre, Morton Way, Horncastle, Lincolnshire LN9 6JR



LD Jennings Ltd – Est. 1922

Shop open 7 days a week and online availability
24 hours a day
Delivery to Caversham and all other RG postcodes
Providing a quality service and outstanding
locally sourced meats

**St. Martin's Precinct, 39A Church Street,
Caversham RG4 8BA
Tel. 0118 947 5939**

Website: www.thecavershambutcher.co.uk

Friendly and personal

Providing accounting and taxation services to many local owner managed businesses and individuals, including annual accounts, payroll, VAT returns and personal tax returns. For a free initial consultation, contact Kathryn Cutts FCA.

T 0118 957 3238 kcutts@valewest.com



CAVERSHAM COMMUNITY CAFÉ

Open 9.30 am to 2.00 pm on
Tuesdays, 2, 16 and 30 August
see www.3cscafe.co.uk for other dates.

Serving espresso coffees, teas,
light snacks, cakes and biscuits
St John's Church, Gosbrook Road, Caversham
Community led and volunteer run

MAPLEDURHAM PARISH HALL TRENCH GREEN (RG4 7UA)

Good size hall for hire with stage, kitchen & storage facilities

Rural setting with parking close to Mapledurham village

Can accommodate for example:
• Children's parties / Family celebrations
• Classes / Meetings / Sales & Exhibitions
• Drama & Music Groups

One off occasions or multi bookings

For further enquiries contact Jane Bowen
0118 9722978



Professional Tree and Hedge care
Local to Caversham: Over 15 years experience
Royal Forestry certified
NPTC Qualified
£5m public liability
Call Ben on 07717495047
ben.mackie@tiscali.co.uk
benmackiearborist.com

Caversham Tiles.

EST. 1980



Berkshire's Tile Specialists

55 Donkin Hill

Caversham RG4 5DG

0118 9543315

www.cavtiles.co.uk

ALL RUBBISH COLLECTED 4U

Domestic, Commercial & Garden Waste
House / Loft Clearance
Garage / Shed Clearance

*Licensed Waste Carrier with
commitment to recycling*

Serving Caversham and surrounding areas
Fast, friendly & reliable service

For a free no obligation quote, please call:
0118 343 6396 / 0781 8033625
www.allrubbishcollected4U.co.uk

Richfield Flooring

Est 2003

- **Premium Amtico Retailer**
- Independent family run business
- Top brand name flooring at the lowest price
- Samples to view in your home/office
 - Free advice / free quotes
- Old flooring uplifted & furniture moved
- Fast turn around on fitting if required

Tel: 01189 580 445

10a Richfield Avenue, Reading, Berkshire, RG1 8 EQ
info@richfieldflooring.co.uk/www.richfieldflooring.co.uk



**Chimney Sweeping
Wood & Multi-Fuel Stoves
Fireplaces, Gas & Electric Fires
Installation Service**

Visit our showroom at
45 Prospect St, Caversham RG4 8JB
Tel: 0118 9463060
www.fireplacemagic.co.uk

READING PLUMBING & HEATING

ALL ASPECTS OF PLUMBING, HEATING
AND GAS WORKS UNDERTAKEN.
OVER 30 YEARS OF
EXPERIENCE.
ALL WORK GUARANTEED.
DISCOUNT FOR SENIOR
CITIZENS.



MOBILE: 07702556790
EMAIL: darrencotttrph@btinternet.com

CAVERSHAM BRIDGE

Would you like to have this paper
delivered to you monthly
for just £5 per year?

Email:
subscriptions@cavershambridge.org
giving your name and address
or write to Caversham Bridge,
Church House, Church Street,
Caversham RG4 8AX

Copies may also be purchased from:
Caversham Emporium and
Fourbears Books in Caversham
and the True Food Co-op in
Emmer Green

Thinking of Equity Release?

Experienced, qualified local Equity Release adviser providing advice across a comprehensive range of lenders.

Please contact Kristian Kolb on 0118 991 8704 to arrange a no obligation face to face/Skype appointment as required.

E: info@mayfieldmortgages.com

T: 0118 991 8704

www.mayfieldmortgages.com



Mayfield Mortgages

Mortgages made simple

Mayfield Mortgages is a trading style of Kristian Kolb who is an appointed representative of Mortgage Intelligence Ltd which is authorised and regulated by the Financial Conduct Authority under number 305330 in respect of mortgage, insurance and consumer credit mediation activities only.



PC Problems? Give me a ring!

For

PC Upgrades, PC Repairs, New PCs
Reasonable Prices & Friendly Service

Ring Phil Blackburn (PB Computer Services)
on Reading (0118) 947 9395



JOHN WOOLDRIDGE

PLUMBING & HEATING ENGINEER

Over 25 years experience

Competent tradesmen will undertake central heating, bath/shower room installations & general plumbing and repairs large or small.

**112 MAYFIELD DRIVE,
CAVERSHAM
RG4 5JT (0118) 948 2584**

Gardiner's HOMECARE

0118 334 7474

We are a local, family business that has provided quality care since 1968.

Our experienced team are ready to help you in whatever way you need.

Such as:

- ✓ Companionship
- ✓ Washing & dressing
- ✓ Overnight stays
- ✓ Support with medication
- ✓ Variety of household tasks
- ✓ Social outings & appointments

We can support you to maintain your independence in the comfort of your own home.

Our visits vary from one hour to overnight stays. Please call to chat about how we can help you.

www.gardinershomecare.co.uk

10 Church Street, Caversham, Reading. RG4 8DZ

NETLEY LANDSCAPES

Established 1986



Garden design and construction

Hugh Netley, NDLC

PATIOS, FENCING, NATURAL STONWORK,
WALLING, PLANTING, SHRUB AND
TREE CLEARANCE, WATER FEATURES, ETC, ETC.

FREE ESTIMATES

Phone 9461701

www.netleylandscapes.co.uk



ARUM TREE SERVICES

TREE SURGEONS

WITH OVER 20 YEARS
EXPERIENCE IN THE WORLD
OF TREE CARE

- Tree removal, tree pruning •
- Trees supplied and planted •
- Hedge work •
- Stump Grinding •

FULLY INSURED, NPTC QUALIFIED

Tel/Fax: 0118 971 2224

Mobile: 07876 232282

**CALL NOW FOR A FREE
QUOTATION**